

ABSTRACT

Anxiety of Rachel Character in Hawkins' *The Girl on the Train* Novel

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The aim of this research is to find anxiety of Rachel's character seen in a novel entitled *The Girl on the Train*.

To overcome the research question structurally, the writer arranged the literature review by discussing about the theory and approach. The theory that the writer applied is Sigmund Freud theory on anxiety from *Theory of Anxiety* book by Strongman (2000). This theory contains three types of anxiety. There are realistic anxiety, neurotic anxiety and moral anxiety. Meanwhile the approach, the writer emphasized psychology of literature. In conducting this research, the writer used qualitative method to depict clearly about the research finding. The data of this research are dialogues and narrations about anxiety of Rachel's character.

The result of this research described that, Rachel suffered all types of anxiety they are realistic anxiety, neurotic anxiety and moral anxiety. Rachel's realistic anxiety is Tom appears as a real danger to Rachel's life. Rachel's neurotic anxiety is caused from her bad thought whether can get a punishment from people. Rachel's moral anxiety is come from the contradictory between her desires to the society norms.

Keywords: *Anxiety, Psychological, Rachel*