

CHAPTER ONE

INTRODUCTION

1.1 Background of Study

A literary work can both impart and receive social impact (Klarer, 2003), since it comes from several cultural contexts in society. Literary works arise from the thoughts and experiences of an author while living life, facing problems, and living values; as being tools to convey author's feeling (Kardiansyah and Salam, 2021). Literature conveys a meaning or idea through its text's purpose, message, and content (Carter, 2007). By this, the writer uses literature as a tool that contains ideas for works of art (Puspita & Pranoto, 2021).

In literary education, literary competence lies in an important position as it reflects students' critical thinking ability to understand the text as a whole and connect it to both of their experience and social phenomena (Suprayogi, Samanik, and Novanti, 2021). This ability allows students to analyze and interpret literature in a way that reveals deeper meanings and themes, fostering a greater appreciation for the nuances of literary works. Additionally, by connecting literature to real-world contexts, they develop a broader perspective and an enhanced ability to critically engage with the world around them. Literature is one of the media used to entertain people with various forms such as writing or words. It helps us convey our thoughts and feelings, relate to others, and describe the world around us. Literature brings interesting stories that can make us think and feel, explore human relationships and events we experience, all through carefully chosen words (Humaeroah, 2021). It means literature as the welcoming of thoughts and feelings. Novels are part of

literature that presents characters through a series of events and a structured story arrangement (Ambarsari, Lubis, Ritonga, 2022). The novel is a fictional story in prose that tells the daily life of people and explores their nature and characters. Novelists can teach us about human nature.

Psychology as a description and explanation of states of consciousness. In this context, psychology studies various mental aspects and processes of the human mind that include consciousness and subjective experience. Freud argued that a person's behavior is not caused by just one desire, but by many desires. Some desires may go unconscious, but they still affect how we take action. The three parts of desire are desire id, ego, superego. Freud states that inner conflict arises as a result of the opposition between the three main personality structures of the id, ego, and superego.

Conflict is a complex and common phenomenon in human interaction that involves opposition between two or more parties. In this context, conflict can arise from a variety of sources, including differences in needs, values, goals, or interests between individuals, groups, or even countries. Inner conflict is a complex phenomenon that involves internal opposition between different aspects of a person, such as conflicting values, desires, or identities. This phenomenon is often the result of complex dynamics in individual psychology, which are influenced by various internal and external factors.

One of the causes of inner conflict is the disagreement between the needs and internal values of individuals. For example, a person may feel distressed between the desire to achieve professional success and values such as the desire to maintain work-life balance. This kind of conflict can lead to feelings of confusion, stress, or even feelings of guilt.

In addition, past traumatic experiences can also be a cause of inner conflict. Psychological trauma such as abuse, significant loss, or other traumatic experiences can cause an internal conflict between the desire to forget the past and the need to understand and process the experience. When a person struggles to cope with past trauma, an internal conflict can arise between the desire to protect oneself from pain and the need to face it for the healing process. Social pressure can also trigger inner conflict. Standards imported by society or the environment can conflict with individual values and desires, causing a conflict between the need to conform and the desire to stay true to personal values. For example, pressure to meet parental or societal expectations can conflict with one's personal dreams or desires, creating significant internal tension.

Inner conflict causes psychology disorder. This conflict is generally experienced by every individual. When a person is faced with a choice between two or more conflicting goals, this inner conflict problem arises. In such situations, individuals have to make difficult decisions because they cannot fulfill all objectives simultaneously (Masyhur.*et al*, 2023).

My Heart and Other Black Holes, a novel written by Jasmine Warga, tells the story of a character named Aysel as a teenager who experienced deep sadness and was no longer interested in what she was doing in her life. She is obsessed with death and has plans to commit suicide. Through a suicide partner finding website she meets Roman, a teenage boy with deep past wounds. At the first they don't have much in common, Aysel and Roman begin to fill the void in each other's lives. As their relationship grew stronger, Aysel began to doubt their choice to commit suicide together. They must find a way to find new meaning in their lives, and Aysel must choose between continuing to hope or choosing to free herself from the darkness that squashes her.

This novel was chosen for several reasons. The story in this novel focuses on Aysel's character who experiences psychological conflict like when he commits suicide but fears the consequences. To understand how internal conflicts can affect a person's life It is very important to understand and analyze literary works like this. Therefore, from here the author raises the study of inner conflicts that affect the main characters depicted in the novel. It means this research will discuss in depth about the inner conflict that exists in Aysel's character. For this reason, a psychological approach was chosen to analyze this issue. Kurt Lewin's (1997) theory of inner conflict would support the existing analysis.

1.2 Research Question

Based on the description provided, the research problem in this study is:

How is the inner conflict of the main character portrayed in Warga's *My Heart and Other Black Holes* novel?

1.3 Research Objective

The purpose of this study is find inner conflict potray in main character of *My Heart and Other Black Holes* novels.

1.4 Use of Study

This research can contribute to increasing people's understanding of inner conflict issues.

1.4.1 Theoretical Use

This study makes an important contribution to the theoretical understanding of inner conflict and its effects on individuals. This research can provide deep insight into how inner conflict affects thoughts, emotions, and behavior.

1.4.2 Practical Uses

The analysis of inner conflict in the novel "*My Heart and Other Black Holes*" also has practical benefits that can be applied in everyday life. Hopefully the theory used in this research will be useful for future researchers to develop studies related to inner conflict issues. This research can be used as research for who wish to conduct research on inner conflict issues

1.5 Scope of The Study

The scope of this research is to analyze how the inner conflict of the main character is portrayed in *My Heart and Other Black Hole* novels. This study will focus on the analysis of the main characters, including their backgrounds, personalities, motivations, and the internal conflicts they face. This analysis will be based on the narration and dialogues of the main character in the story. This study used a psychological approach with Freud's theory, id, ego, and superego. Kurt Lewin's inner conflict theory was also used.

