# CHAPTER ONE INTRODUCTION

### 1.1. Background of Study

The psychology of literature is used to uncover various aspects of literary works, starting with the psychology of characters in literary works, the psychology of writers, and the psychology of readers (Poter, Stringer, Wetherell. 2023). Psychology of literature is an approach to analyzing literary works with a psychology lens (Masyhur, Kasih, & Fitratullah. 2023). This approach also has various theories that are classified based on who the theorist is and what focus is directed by the theory. One such approach is Jungian analysis which is often specified as an archetypes study. The originator of this approach is Carl Gustav Jung, who is based on the collective unconscious which forms certain forms of human personality and proposed one of the theories in psychoanalysis, namely Jungian Archetypes.

Jung (1968) recognized a number of forms of archetypes which included animaanimus, shadow-persona, self, great mother, and hero. Each archetype has a different character or sign that is related and usually contradictory. In animaanimus, the anima is the feminine side of men while the animus is the masculine side of women. The masculine side, in this instance, is referred to as the side of the female gender which is characterized by what is conventionally considered as the inner ideal image of the male gender in the female mind (Kaylo, 2009). This inner image comes out as actions and behaviors that many consider and call what the male gender usually does. What governs those behaviors and actions is the ideal inner image of the male gender within the female gender. In other words, the masculine side of the female which is called animus, is responsible for the masculine actions and behaviors that the female did. Those masculine actions and behaviors can be seen as a lens to look at animus, the masculine side of the female gender. Thus, in that sense, both masculine aspects are essentially similar in that both can be seen as interchangeable aspects of animus (Adam, 2018). In shadow-persona, shadow is the hidden dark side of a person while persona is the mask that is displayed in society. Meanwhile, the self is the whole and integrated side of the personality. In addition, related to the great mother and hero, the great mother is an archetype that displays a good and loving mother figure to her children, while the hero archetype is a hero figure who fights against evil. There are a number of forms that can be found in the characters of a literary work. Thus, analysis or dissection of the archetypes of a character can be used as an object of literary research.

However, in this study, the element or trait that is the focus of research is one of its aspects, namely the animus. This choice of focus is related to the aim of a more focused and in-depth analysis. By this, expressing the animus can be done clearly, focused, and shows significance in a literary work. Yet, a prior explanation is needed regarding the animus archetype and the literary work to be analyzed. According to Jung (1968), animus is a part of nature that shows masculine traits, the inner image of the male gender, in a woman. This archetype is side by side with its opposition, namely the anima, as the feminine side, the inner image of the female gender that exists in a man. The existence of this archetype becomes the opposite side of the innate side of women which is identified with her feminine

nature. In some cases, these archetypes can appear dominant, giving rise to masculine qualities, the common qualities that the male gender possesses, in women in clear forms. Attention to which forms represent these archetypes directs the writer in conducting research that focuses on the dissection of these animus archetypes.

Meanwhile, the literary work chosen as the object of research is a novel by writer Nancy Springer entitled *Enola Holmes: The Case of the Missing Marquess*. This novel is a series of stories consisting of a number of books, and the object used as research is the first book in the series. In short, this novel tells the story of another phenomenal character's sister, namely Sherlock Holmes named Enola Holmes. Set in England when it experienced its third industrial revolution in the early twentieth century, the story is based on Enola's adventures in a conflict-ridden detective world.

As a woman, Enola's thoughts about breaking through the education system that places women only as housewives is related to her freedom, and that freedom becomes part of the animus aspect within her. This thinking was also driven by the masculine actions, the qualities that are usually associated with manly behaviors and actions she carried out. All that thoughts and actions can be seen, as manifestations of the animus side of her. Thus, the character of Enola Holmes becomes the main object of this research. The side to be uncovered or dissected is the animus side within her. By this, this research can be intended as a dissection of what masculine elements or animus' sides that are displayed by Enola Holmes. Revealing the animus side will make the reader know that character psychology is a complex thing and is influenced and based on various domains or aspects.

Therefore, this research aims to reveal one part of complex and diverse main character's psychology of the novel, Enola Holmes, which is the animus side. This section will explain the depiction and the influence it has on the character. Moreover, disclosure regarding the animus side of the character can be evidence that the character's psychology influences the character's thoughts, actions, and decisions regardless of the gender domain whether male or female. This research will show that the masculine domain, the inner image of the male gender within the female gender, is owned and can be found in one gender which is female because that domain is contained within animus. Meanwhile, because the focus of the research is animus, the discussion regarding this side was carried out in order to prove that the two gender spheres, male and female, do not necessarily have an inherent side domain attached to them. Therefore, this research will show that the animus, or things that are categorized as masculine or inner image of the male gender, appear and are owned by women as the main characters in the novel.

## 1.2. Research Question

How are animus depictions in the main character of *Enola Holmes: The Case of the Missing Marquess* by Nancy Springer?

# 1.3. Research Objective

Based on the research question, the study has one research objective, namely to depict animus in the main character of *Enola Holmes: The Case of the Missing Marquess* by Nancy Springer.

## 1.4. Use of Study

In order to make this research relevant to the urgency and research objectives, this research offers benefits or usefulness in the public and academic domains. This section also explains the use of study in these two areas. Therefore, a more complete explanation can be seen in the following explanation.

#### 1.4.1. Theoretical Use

For theoretical use, this research can provide understanding and additional information for academics and the general public who wish to research the topic of the animus side in a literary work. Revealing the animus side will also show that manifestations of the animus side can occur through the character's thoughts, actions, and decision-making. By this, this research can be an instrument for other research that wants to find out how the manifestation of the animus is depicted in the characters of a literary work. In addition, research can also be a reference, that research based on Jungian Archetypes can still be used to analyze literary works even though this theory came several decades ago.

#### 1.4.2. Practical Use

This research can also be used as a reminder that human psychology is a complex matter. Efforts to understand a little can be started by reading related literature. This is where this research plays its role in terms of practical use, especially in revealing the animus side of women. Therefore, in real life setting, this research becomes an information source for women to really understand about this side of women so that they can better navigate it.

In addition, this research also shows the reading public that the male and female gender domains do not limit a person's actions based on their gender domain, but are also influenced by the masculine or feminine side of themselves, the inner image of the opposite genders within those genders, regardless of their gender domain. Thus, this research can be a reference for readers to understand how the gender domain does not always influence a person's identity, because the psychological side, especially the animus side, also plays a role in it.

# 1.5. Scope of the Study

This research is limited in the scope of analysis of the animus side in the main character of Nancy Springer's novel, namely *Enola Holmes: The Case of the Missing Marquess*, which will be analyzed using Jungian Archetypes analysis, that is animus archetype.