

CHAPTER ONE

INTRODUCTION

1.1 Background of Study

Literature is a work produced by humans as a means of communicating with other humans through beautifully arranged writings. Literature is a written document of a community (Robson, 1982). As time goes by and the development of media, literature is not only issued in written form, but literature also issued in audio-visual form or commonly called movie.

As part of literature, film also used as a communication tool used by writers to implement thoughts, self-expression on an issue, give an opinion, and express feelings through a story that is packaged using audio-visual (Kiranamita & Samanik, 2021). According to Hornby, a film is a story recorded from a collection of images which is then shown on television or cinema. Meanwhile, according to Lorimer, film can record a culture, social issue and even political issue that is conveyed through different media (Anggraeni, Mujiyanto, & Sofwan, 2018).

For writers, films made with the help of producers and their crews are not merely works that serve to entertain people, but also add values or raise issues that are common in society. Issues raised can be in the form of social issues, health, and political issues that occur to a person, group or even issues that exist in an area or country. By watching films it can also form views on an issue that is being conveyed in a film (Fithtratullah, 2021).

Issues that are usually raised in a literary work in the form of audio-visual, one of which is the issue of mental health. Where it is widely known that mental health is often overlooked by most people, even considered not very important. However, health is just as important as a

person's physical health. If a person is mentally disturbed, it could be that it can affect the person's physical health through the behaviors that arise from the sufferer of mental disorders.

Mental disorders are problems that occur within a person. These disorders can be in the form of mood swings, depression, eating disorders caused by the sufferer's thoughts that threaten the patient's psyche and personality disorders. There are many types of personality disorders experienced by everyone. Everyone can have the same or different mental or personality disorders of varying severity. Some are normal and some are severe and must consult a psychiatrist and take medication.

One of the most common personality disorders is Borderline Personality Disorder. Borderline Personality Disorder is a disorder characterized by the appearance of excessive excess, fear of being ignored and chronic self-consciousness that can trigger instability in the patients's relationship with their environment (Piotrowski, Nancy A, 2010). Borderline Personality Disorder is a personality disorder that causes the sufferer to experience mood swings that change drastically, causing impulsive behavior, and can also make the relationship between the patient and other people around him disturbed by the behavior caused by the sufferer. It is known in the American film drama *Welcome to Me*, the main character in the film has a mental disorder that causes hem to exhibit strange behaviors such as impulsive behavior, emotional disturbances, and low self-esteem.

Welcome to Me is an American comedy-drama film directed by Shira Piven and written by Eliot Laurence. This film was released in May 2014. The film told about the main character, named Alice Klieg. In the film, Alice Klieg is told having a mental disorder that caused some strange behavior in her. Alice herself is an unemployed person whose daily activity is just watching a lottery program on television. The reason of why the researcher used that film is

because in the film Alice is shown the feeling of lost, afraid, and only thought about herself and did not care about the atlas of her environment. The changing of Alice with her strange behavior is assumed that Alice has a mental disorder, which is Borderline Personality Disorder.

Seeing Alice's very emotional behavior, slightly different from normal people and shows some indications of Borderline Personality Disorder, the researcher interested in conducting a research on Borderline Personality Disorder through the symptoms experienced and the causes of Alice experiencing the disorder by using the theory related to Borderline Personality Disorder.

1.2 Research Question

Referring to the background of the study, the research questions are:

1. How is Borderline Personality Disorder experienced by Alice in drama film *Welcome to Me*?
2. Why does Alice suffer from Borderline Personality Disorder?

1.3 Research Objective

Referring to the research question, the purpose of this research is to depict the Bordeline Personality Disorder experienced by Alice in the drama film *Welcome to Me* and to explain the causes of Borderline Personality Disorder by using pshycological approach.

1.4 Uses of the Study

Every research is made to provide learning and knowledge to the society. Thus, there are theoretical use and practical use of this research.

1.4.1 Theoretical Use

Theoretically, this research is expected could contribute to research on literature and mental health issues. Especially the issue of mental health in a literary work. It is also expected that the research can be a reference for other researchers, especially researchers who are engaged in the field of literature to make a research that is better than existing research.

1.4.2 Practical Use

Practically, this research is expected to help readers to understand more about mental disorder especially about Bordeline Personality Disorder. By doing so, it is expected that after reading this research the reader can be more concerned about their own mental health and the mental health of others.

1.5 Scope of the Study

The focus of the study is limited. In this study, the researcher limits the research only about depicting Borderline Personality Disorder experienced by Alice in the drama film and what is the reason for her disorder.