

ABSTRACT

Stockholm Syndrome Reflected in Edeet Ravel's "Held" Novel A Psychological Study

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This study focuses on the issue of Stockholm syndrome found in the novel Held by Edeet Ravel (2011). The theory used to analyze this novel is the psychology approach. This study aims to analyze the indicators of Stockholm syndrome found in the novel, and how Stockholm syndrome is described in the novel by the cause and symptoms of it.

The author uses "Held" novel by Danielle Steel as the data to analyze this research, while the method consists of journals and websites related to this issue. There are 2 results of research on this novel.

The first result refers to the cause of Stockholm Syndrome experienced by Chloe. The cause of Stockholm Syndrome represented in the novel demonstrates the factors as to why an individual would experience such a thing, and second, the result of this study also includes the symptoms of Stockholm Syndrome experienced by Chloe the main character. As Chloe gets used to the presence of her captor, she begins to develop a certain bond and attraction for her captor.

Keywords: *Edeet Ravel, Psychology approach, Psychology phenomena, Stockholm syndrome*