

# CHAPTER ONE

## INTRODUCTION

### 1.1 Background of the Study

Obsession is a state in which a person thinks about something or someone continuously and in an abnormal way. According to Maramis (1999) the definition of abnormal is unusual behavior from existing norms or more than normal things. One example of abnormal behavior is obsessive, for example, when a girl has an obsession with her doll. Girls will be unhappy and angry if their favorite doll is damaged or lost. Sometimes that person can do anything and everything to protect the things that make him obsessed.

The obsession itself can occur from an idea that can impose itself on people or characters who have emotionally connected. ideas that can arise are not from the original idea of a character, because an idea can be an image, an unchanging memory of an important event. The idea in an obsession is different from the actual event, because the idea in an obsession can relate to a person's emotions. This emotional state that usually occurs in obsessions causes doubt, anger, regret, and anxiety. it is the emotional state itself that justifies obsessions, as mentions in a Freudian journal edited by Smith (2010)

*Obsessions and Phobias of Their Psychic and Aethological Mechanisms:*

Two constituents are found in an obsession: (1) there is the idea of imposing itself on another person (2) an associated state of emotional distress. Now in the phobia group there are emotional states one of which is 'anxiety', when in fact obsessions are other emotional states, such as regret, doubt, or anger, as well as anxiety. (Freud, 2010: 317)

Sometimes the person will follow their obsession without paying attention to the consequences to get what they are obsessed with. usually there is an action that can fulfill the obsession that is usually associated with the person's personality. In some cases, people who are obsessed with something will do immoral and unusual things because they can't control it even though they know that what they are doing is wrong and just meaningless.

Disorders caused by obsessions are known as Obsessive Compulsive Disorder (OCD). According to Davis (2008) regarding obsessions are "people who know their obsessive ideas are unreasonable but cannot stop them. These obsessive thoughts often lead to compulsive behavior when a person tries to change or prevent some feared event. cleaning things, washing hands, checking door locks.

One type of Obsessive Compulsive Disorder is Obsessive Love Disorder. The disorder occurs due to an accident caused by excessive love. In the opinion of Forward and Buck in their book, *Obsessive Love: When It Hurts Too Much Obsessive Much To Let Go*, someone who looks obsessive love cannot be separated from the person he is targeting. "Most of them describe it as a feeling of belonging or out of control, giving in to their desires or defeating oneself." (Forward and Buck, (1991: 6).

The Novel *Everything Everything* by Nicola Yoon describes a girl named Madeline Whittier who suffers from a rare disease called SCID or (Serve Combined Immunodeficiency Disorder). This is a disease that is allergic to

the world, everything she touches will cause her immunity to decrease, and get sick easily. require special and sterile handling to be able to treat it. Novels that contain psychological elements. In the novel, the author presents many forms of stories that are packaged in epic form, so that they can raise social problems, one of which is the psychological problems experienced by Pauline Whittier in this novel. Pauline Whittier is described in the novel as the mother of Madeline who works as a doctor. and she is a single mother, she lost her husband and son in a car accident and at that time she dedicated her life to focusing on taking care of her only daughter. Pauline struggles to support Madeline on the money resulting from the accident and gets Madeline diagnosed with a fake SCID (Severe Combined Immunodeficiency Disorder) rare disease to keep Madeline's environment safe.

Obsessive with love behavior is reflected in Pauline's character, which is why she always feels truly obsessed to be very overprotective of the people she loves. She makes someone she loves completely by taking great care of her. It is necessary to know that possessive love disorder is a type of disorder that is related to a person's mental health. Obsessive love disorder can be defined as an extreme form of love that can transcend obsession over time. This is of course marked by an unhealthy relationship with a person and can also be triggered by many factors. Obsessive love disorder has a basis in which the desire is not satisfied so they want to have the target of their obsession. it's an emotion that a person can experience when feeling love, wanting to give comfort, excessive fear of something bad in the past, feelings of jealousy, and revenge (Honari and Saremi, 2015).

In this study, the author wants to describe the literary works contained in the novel, of course, it can show the psychological phenomena that exist in society. literature can shows some kind of meaning or idea through a content, message and purpose in the text (Afrianto, 2018). One of the characteristics of this type of research is the ability to produce a broad issue regarding a phenomenon or event (Afif and Amelia, 2021). The author wants to analyze how the mother character in the novel becomes very obsessed with love for her child, which is marked by artificially giving SCID (Serve Combined Immunodeficiency Disorder) for seventeen years.

In today's world, as a reality in social life, we know that many people in this world want to take care of someone they love by trying many ways without seeing the other side. Therefore the author uses principles in psychology that can help this research run smoothly by illustrating how a person can turn out to be more obsessive about love for the people they care about this is called ego (Freud in Ivan, 2010)

This study aims to find psychological elements that can be described as a form of an obsession with love in the novel *Everything everything*. Knowing what obsession with love can provide benefits for us in society because when symptoms of obsessive appear, people who know about it will be able to deal with an obsession. This research is certainly expected to provide knowledge about the obsession with love contained in the novel and reflected in social life.

## **1.2 Research Questions**

Based on the context of this study, the researcher expanded this question to include the following:

1. How is obsessive love disorder symptoms in the main character Pauline Whittier In *Everything Everything* Novel?
2. What are the causes and impact of obsessive love disorder in the main character Pauline Whittier In *Everything Everything* Novel?

## **1.3 Research Objectives**

About the research questions above, this study aims to find out:

1. To find the symptoms of obsessive love disorder in the main character Pauline Whittier in *Everything Everything* Novel
3. To find what are the causes and impact of obsessive love disorder in the main character Pauline Whittier In *Everything Everything* Novel

## **1.4 Use of Study**

The author hopes that this research can be useful and beneficial for the community and can also be a reference for further research. With this the usefulness of the study in this research can be divided into two parts, namely practical use and theoretical use

## **1.5 Practical Use**

In psychoanalysis there are id, ego and superego which are used to distinguish the difficulties faced by the main character. Which is clearly related to psychological elements and stress, this will have a major impact and especially in drawing conclusions in resolving a conflict.

## **1.6 Theoretical Use**

This research is being conducted to be the data analysis for future study. In the hope, it will be useful as the researcher uses the previous study itself. In the field of obsessive love disorder especially in the process of obsessive love disorder, this aims to develop the idea from the literature study perspective of each correlation to develop.

## **1.7 Scope of the Study**

To avoid excessive discussion, the scope of this discussion will focus on obsessive love disorder symptoms and the causes and effects of obsessive love disorder.