

CHAPTE ONE

INTRODUCTION

1.1 Background of the Study

Self-harm is self-defeating behavior that is done intentionally, without any intention to commit suicide. These behaviors include cutting the skin using a knife or razor, hitting oneself, burning certain body parts and even cutting certain body parts. This is done without any intention to commit suicide (Shabrina, 2011). Self-Harm is usually done to release all emotions that occur in someone. someone takes this action due to their inability to express the problem at hand by using words so they prefer to take this action. Self-harm is a form of a person's behavior to coping with emotional stress and pain by inadvertently injuring or injuring one self (Klonskyet.al. 2011).

Self-harm is also characterized by emotions, which are intense emotions directed at people and things. Negative emotions are emotional persistence or negative emotions such as anxiety, stress, depression, anxiety, nervousness, and excessive boredom Suicide is the closest channel to the use of suicide channels and is generally a predictor of suicide. Temporary and repetitive self-harm, that is, the intensity resulting (Klonsky et al. 2011)

Literature is a main media which contains values, especially moral values, in other words, literary works are not only to entertain but also to benefit the readers (Mahendra and Amelia, 2020). that literature explains an idea consisting of content, message, and purpose conveyed through text. (Afrianto, 2018)

Literary psychology is the psychological study of writer, as types and as individuals, or the study of copyrighted works. process, or the study of the types and psychological laws that exist in the work. Warren (1963: 81). Psychology and literature have a reciprocal relationship; the psychology of the unconscious can be called literature and is a sand mining approach to its foreign opinion, very familiar to writers and literary critics. In Psychological Review depth stories and techniques for induction make up that tactic. This function works with the same dream in literature, and the function of the dream and its elements is in the form associated with literature. Literary psychology is needed to make a better analysis of a literary work.

Self Harm can also be found assumed suffered depression in Willow on the main character in the novel Willow. This story is about a teenage girl who faces the death of her parents by causing physical pain to herself. Willow follows the life of a teenage girl also named Willow after the sudden death of her parents. The only way Willow knows how to deal with it is by cutting herself and the physical pain she can control.

The only family she has now is David. Willow moved in with her brother, a college teacher named David, his partner, and their daughter. Willow also attends a modern school where she knows that everyone knows she drove the car that killed her parents and thinks she is a murderer. According to the novel, Willow was fixated on the wound on the arm of a young woman sitting next to her, wondering if it hurt herself as much as her. This mindset causes Willow to act

impolitely in class and convinces that the girls sitting behind her are raving about how she can be a "murderer," she rushes to the bathroom to cut herself on the wrist with a razor. After her restroom sessions Willow did her part time job in the college library, her brother had pulled a bunch of ropes for her to work there. However, instead of putting all his energy into work, Willow is overcome by the guilt she feels for messing up her brother's peak life. David's cold demeanor also made the Willow even more worthless. At the college Willow met a man named Guy, Guy was a student at the college, and Willow and Guy finally decided to date, Guy is the man who accompanies Willow when She is down and wants to hurt herself, Guy is also the one who finally makes Willow free from this self-harm and reconciles Willow with David.

Self-Harm can be seen from the novel Willow by Julia Hoban, Self-Harm is a form of behavior that is carried out to overcome emotional stress or emotional pain by hurting and harming oneself without intending to commit suicide (Jenny, 2016; Klonsky et al., 2011). In this novel, Willow's character represents Self harm in itself. This shows how she slashed the skin of her wrist with a knife which made her injure herself because she was traumatized by the incident she experienced, this trauma greatly affected Willow's mental health. her parents and cornered Willow because she was the cause of her parents' death.

Self-harm is an act of self-harm by expressing depression. This analysis is necessary to make self-injury unbearable. This is an excuse to conduct a self-defeating analysis. The purpose of this study is to use research topics studies of

key informants to identify factors of self-harm in humans, Self-harm characteristic and Forms of self-harm. The theme used in this study is the main character of the Willow Novel by Julian Hoban, self-harm is a factor in the selection of this literary work as the object of research entitled "Revealing the Self Harm of the Main Character in the Willow Novel by Julia Hoban".

1.2 Research Question

From the background explained, the problem can be formulated as follows:

1. What the factors causing willows to engage in self-harm behavior as described in *Willow by Julian Hoban*?
2. What are the forms and characteristics of self harm as depicted in the main character of the novel *Willow by Julia Hoban*?

1.3 Research Objective

1. To describe factors causing self harm in the main character of Willow by Julia Hoban.
2. To determine describe form and characteristics of self harm as described in the main character Willow by Julia Hoban.

1.4. The Uses of the Study

1.4.1 Theoretical Use

This study will contribute to the application of theories especially in psychology of literature which center on self harm. The theories is also hoped to contribute the understanding of theories in self harm, it will also provide a deeper insight it how self harm is analyzed.

1.4.2 Practical Use

It is hoped that the results of this study can be used as a reference for learn self-harm and increase the reader's knowledge about self-harm. by analyzing self-harm, readers can learn: how to overcome self-harm, and how to overcome self-harm.

1.5 Scope of the Study

This research is focused on mental health problems experienced by the main role of this novel. Mental health analysis Self-harm physiological problems experienced by the main role. The problem of self-harm in this novel is the main focus of this research. The research focuses on the same psychology or depression experienced by the main character.