

# CHAPTER ONE

## INTRODUCTION

### 1.1 Background of the Study

Dexter is Delicious is the fifth novel written by Jeff Lindsay, and the fifth book in the *Dexter Morgan* book series. The book was released in the UK on July 8, 2010 and September 7, 2010 in the United States. The story was began nine months after the end of *Dexter by Design* with the birth of Lily Anne Morgan, the daughter of Dexter and Rita Morgan. His daughter's birth has brought remarkable changes in Dexter; apart from feeling genuine love and emotions for the first time he also does not feel his Dark Passenger's compulsion to kill and vows to swear off his dark hobby in order to be a good father for his daughter.

Dexter is a classic example of an archetype of persona and shadow. As stated before by Jung (in Pearson and Marr.2002;43) persona is a kind of mask, designed on the one hand to make a definite impression upon others, and on the other to conceal the true nature of the individual. He is concealing his “Dark Passenger” by becoming a “normal” person is the reflection persona he take to fools the world. As stated by Sollod (2009; 163) that To Jung every person has a Shadow – a “dark half” that is composed of “repressed, unacceptable motives, tendencies, and desires”, Dexter desire to kill becomes his greatest animal that he forces to hide. Instead of killing an innocent person, he is channeling his desire to “the one

who deserved". Dexter's personality is hard to pin point because it can be interpreted in many different ways.

This research is conducted to analyse how Dexter generates complicity with its serial killer protagonist, Dexter Morgan, not only by giving him a heroic edge that overrides the monstrosity of his crimes, but also by focusing on his attempts to blend in and pass undetected by posing as a caring partner, father and co-worker. Dexter's efforts to curve his inborn violence into submission and to appear as the New Man, however, do not prosper and the series ends up promoting an image of men as inherently aggressive, individualist and selfish.

This research is concerned with concepts of persona and shadow. As these two concepts represent the crucial themes of the research, it is necessary to provide the definitions of these two terms. The definitions included in the research were drawn up on the basis of research of dictionary entries and of the various definitions of the terms in the literature concerning the issues of persona and shadow. The research also deals with the concept of heroic and antiheroic archetypal image as described by Dexter character in Jeff Lindsay's *Dexter is Delicious*. The definition of the term is provided, based on the theory of archetypes and collective unconscious by Carl Gustav Jung.

Based on the explanations above, the writer decides to use archetype theory as main approach toward the research. Jung defined the concept of archetype as a formula that is result of "countless experiences of our ancestors". They are, as it were, the psychic residue of numberless experiences of the same type "(Strauch,

2001). It is mean that sexes felt that the experience of being human can be examined collectively across time, space, and culture, and that our commonality can be traced to the most primitive origins of the human consciousness, where the archetypal themes originate in modern men and women. As stated by Jung that

The invisible patterns in the mind that control how we experience the world. Narrative structures, themes, and definable characters that if achieved, give us temporary sense of success, fulfillment, and satisfactions” (in Pearson and Marr.2002;33)

It is mean that archetype main structure, theme, or character that represents one's self, affecting the way an individual perceives his experience, which describes the basic needs of the individual trying to fulfill. The archetype communicates and underlies the expression of the basic desires, meaning and purpose of life, and the motivation of a person, where in the expression, each individual has a style, and distinctiveness, different from each other depending on the dominant and active archetype in the individual. The function of the archetype itself for the individual is to influence an individual's perspective on an event, to himself, his needs, and what we want, what we want to learn, and so on; besides that archetype also help one in finding fulfillment of its basic desire so that there is satisfaction in life.

## **1.2. Research Question**

Based on the background of study, the writer formulates the problems formulation into how is persona and shadow portrayed in main character by Lindsay's *Dexter is Delicious?*

### **1.3 Objective of the Study**

Based on the problem that has been formulated above, the objective of this research with the purpose to give deeper the knowledge about the portrayal of persona and shadow in Lindsay's novel *Dexter is Delicious*.

### **1.4 Uses of the Study**

The uses of the study are:

#### **1.4.1 Theoretical use**

Theoretically, the writer hopes that this research will give contribution for research conduct in literary study of novel analysis especially about persona and shadow. Later, this research hopefully can provide a good reference for the other research.

#### **1.4.2 Practical use**

Practically, the writer hopes that this research will be useful for the reader to give the knowledge about persona and shadow and its appliance in practical live. In real life, the writer also hope that society will open their mind through the idea of persona and shadow.

### **1.5 Scope of the Study**

In order to answer the formulated problem appropriately, the writer needs to emphasize its scope and limitation. This study will focus on portrayal of persona and shadow in main character that is Dexter's characters by Lindsay's novel *Dexter is Delicious* which published on 2010.