

CHAPTER ONE

INTRODUCTION

1.1 Background of the Study

Human is one of the creatures created by perfection in all its forms, shapes, passions, wits, and overpowers to think. Human grows up in a way that has developed in the human mind and age. Someone value that a person's maturity can be judged by his age and achievements. Developments involve growth, although developments also include decline (Santrock, 2009). Thus, when a person reaches the age of being considered adult, eating presents and many worries. These concerns usually arise when one looks at or compares someone's accomplishment to oneself. It is basically fueled by human beings to want to look more than others. So, if it is deep enough, someone is in the quarter life crisis. A quarter life crisis that is typical felt in early 20s. So, that age becomes a transition from adolescence to adulthood. They are a variety of causes, one because of stress and unexpected changes that can bring on mental instability. Then, a person is still also in the process of searching out or exploring his environment. And in this regard, more closely with the *emerging adulthood*, is the period when the individual began to explore itself and its environment (Wood, 2018).

When we are in *emerging adulthood* conditions, it will be confronted by two conditions. Firstly, it feels both comfort and happy when it finds or understands that it has the right passion and talent. Then at the second stage, the quarter life crisis passion is confused by passion had, There are also worries, depression,

even emptiness, or nothing. Therefore, when it reaches the second condition it has entered the quarter life crisis. Thus, the quarter life crisis is a phase or state that a person experiences at the age of 20 or from a quarter of a century with a sense of confused, tired, comparisons, and emptiness in their life. Quarter life crisis sufferer is troubled, distraught, and unsure of a matter and lost. Youth as "*twentysomethings*" is a youth who has just left the comforts of life and begins to enter into the real world. Then, you feel trapped in life choices and make you doubt your career choices and your identity (Robbin & Wilner, 2001). Quarter life crisis also can happen on all sides such as happening on purpose in life, decisions made, spouses, jobs, even in education.

Somehow, when it is in a quarter life crisis sufferers who is suddenly had misgivings and concerns about something that is usually accompanied by self-discovery. Thus, the quarter life crisis is shaped because of its condition and its society and environment. It starts when they are in their twenties or early twenties. Quarter life crisis focus on what it is really in the past and how the purpose of life already fulfilled. When it comes to that stage of feeling confusion will take hold of them and experience much deliberation and crisis. Then, it moves the character from over comparing yourself with others. As a social human being, we naturally communicate with one another. The natural beauty of each human being will show their best from the physical, the ability, to the wealth they possess. It draws upon another to compare himself, over what he has with another's (Akbar, 2021).

Of course, when you compare yourself is natural. Comparing yourself with others is also positive and negative. When comparing yourself with others is taken on the positive side a person is more active in the business of their accomplishments so as not as to feel lazy and from the negative side comparing their selves to others excessively so as to damage his performance and do things uncompletely. Therefore, we need to be individualism. The matter of independence in society, center on the self and the individuals' internal feelings, also the decrease in social norms, influence the decline in social shapes (Kardiansyah, 2017). I believe that when I compare myself with others, we will do our best and motivate to try harder. Someone who always does things better than me will make it harder to celebrate my success (Friedemann, 2015). When you compare yourself and think that feeling of what to do first became confused about it and finally go through a crisis.

Somehow, the potential causes of self-doubt and question to a crisis are due to some. It can be a crisis when we look for which one is of passion and purpose. It can be said that the quarter life crisis can be and that it can be a positive impact on the quarter life crisis with the aim of getting to know better and developing yourself. However, it becomes increasingly a person's doubt and confusion. The quarter life crisis sufferer is on the peak of manhood and begins to look back on what have been done and how the life comes. This links a thought that "why we are born and what is our purpose in life?". We are born in the world to solve problems and receive and give everything that is spiritual to fulfill the purpose of life to come (Roberts, 2016).

Quarter life crisis sufferers always think that they have not done the best things in their lives. For instance, when someone as an employee in the office, he wants to get married right away then owns a business and boasts of parents. It turned out to be a simple thought but a pretty difficult thing to realize. So these things are a trigger for a crisis and when you see and open up the usual social media the quarter life crisis sufferer is worries, envious, and comparing yourself with the person. Therefore, social media is one of the biggest foes of the quarter life crisis sufferer because their friends send and post about marriages, achievements, and holidays. Thus, those doing so look happy. The more miserable you are, the happier your social media post (Stillman, 2018).

Moreover, this thing prompts us to compare with ourselves and with whatever accomplishments they have to be proud of. As in Frances ha's movie, the main character saw her friend in Japan uploaded her activities while in Japan and looked happy. This is linked Frances in a way of envy and happiness that she also felt that she wanted to work and take a holiday abroad. When at parties, he met his friends and they talked about their fancy lives and spent their time on vacation in Paris. In spite of everything people said and belittled by her friends, Frances finally left and flew to Paris with her last tax credit card. She insisted on his will just to please others and was seen as friends. With the absolutely inadequate capital for the holiday, determined Frances going on a trip to Paris finally got into trouble in search of a stay where the rest of the credit would have to think again to eat the next few days that rented enough lodging for herself. That was one of Frances's biggest crisis. In which she felt confused,

distraught, uncertain, and under a compulsion for what lay ahead. At the stressful phase of life and lately, more attention was given to the quarter life crisis (Friske, Weatherell, & Gatz, 2009).

Quarter life crisis sufferer can no longer have the "it is all right" or "it is easy, it is all over" so once they can put off the work. However, the phase of the quarter life crisis is no matter how easy work is, because it is that the quarter life crisis sufferer feel and realize that it have no more time and still have much to do. Similarly, in the work world of the quarter life crisis sufferer will feel inclined to step up in their careers or want to enjoy what they have received. Due to of my personal circumstances, self-doubt and a preoccupation with the future, I finally apply for a degree in civil engineering. Completely turned 180 degrees from what I have originally dreamed (Robbinson, Wright, & Smith, 2013). Thus, when quarter life crisis sufferer feels that their career is already quite good enough, but they do not enjoy because they feel less passionate or feel proud and ashamed just work on regular and non-fancy companies and prefer large companies but earn less than their previous income. It is all a mix of hard things and choices or those who are stuck not to enjoy the work they do not feel like working there.

Literature works are a container as communication about anxiety and unrest between one self and society. How you give the meaning of things through words, the concept of this theory depicts the moment that our senses catch (Ramadhani & Setiawan, 2021). From the words, people can express their feelings and tells their

biggest voice (Cenita & Nurmaily, 2020). The purpose of literature is as a mean of communication, entertainment, education, and moral values addressed to the reader which readers try to interpret the moral value that exists in literature. The literary work is as graphic as the world and human life, the subject (Pradopo (1994:26). Therefore, the character of Frances Ha who is suffered quarter life crisis in *Frances Ha movie*. The quarter life crisis sufferer wanted to realize their dreams in her life with some goals in mind. Quarter life crisis sufferer was confused and unsure how to make it happen. With that the quarter life crisis sufferer realized that the decisions they made would affect their lives in the future. Our decisions determine our future, our future is built on them, if the decisions we make are right, we have a good future, on the other hand if we are wrong, we suffer. So, this study has a purpose to explain the main character in Frances ha movie represent how the experience of the quarter life crisis is experienced in which the character in the film experiences a quarter life crisis can impact both good and bad. Representation is the construct of retelling or addressing something and portraying something's meaning (Pranoto & Afrilita, 2018). Furthermore, on this research it is expected to be one of the awareness, knowledge, and literacy of how the experience of the quarter life crisis represented by the character in the movie Frances ha movie.

This study focuses to analyze the character of Frances which has an issue stuck in the quarter life crisis sufferer. It uses psychological approach by BF Skinner that he is discussed about psychological in the identity and behavior toward society or

environment due to this study discusses about the main character of Frances Ha movie has issue with their quarter life crisis.

1.2 Research Question

Based on what has been written in the background, this study focuses on the ideas formulate the research question problem into:

How does the main character *Frances Ha* movie represent quarter life crisis experienced?

1.3 Research Objective

In this research objective focuses and describes the quarter life crisis in main character of *Frances Ha* Movie.

1.4 Use of Study

This study is useful and helpful for future research and society who wants to discuss how to represent quarter life crisis toward *Frances Ha* movie. The use of this study will be divided into theoretical and practical use.

1.4.1 Theoretical Use

This research can be as awareness about people existences of quarter life crisis. Actually about negative and positive side become quarter life crisis or the topic in this study describes and represents a quarter life crisis experienced through *Frances Ha* movie. It can be also useful to society how they should give response and for their knowledge about being in a quarter life crisis stage. Therefore, this study tells about how to get into and suffer in quarter life crisis with explain the aspect, causes, and also how it builds in the main character in *Frances Ha* movie.

1.4.2 Practical Use

This study gives awareness about quarter life crisis or crisis on the early twenties. It also gives portrait to the writer who wants to discuss with same topic issue. The reader knows how they survive and suffer into life crisis and quarter life crisis sufferer wants to look perfect and happy. Therefore, the reader knows the portrait how life crisis happens and how to difference among quarter life crisis and life crisis.

1.5 Scope of The Study

This study focuses on describing quarter life crisis issue study in quarter life crisis in main character of Frances Ha through the *Frances Ha* movie discuss. The writer analyzes the quarter life crisis with applies psychological approach by BF Skinner that talking about environment. Film cinematography represents quarter life crisis from pictures, dialogues, and settings.