

CHAPTER TWO

LITERATURE REVIEW

This chapter presents review of related study and theory to this paper. It contains some topics used to support the analysis in this paper, which is necessary source concerning the topic discussion. they are previous study, psychological approach, psychopathic personality disorder theory, causes of psychopathic personality disorder, the symptoms of psychopathic personality disorder.

2.1 Previous Study

The present researcher found five previous studies that relate to the current topic discussion. Those previous studies will be guidance and reference for the present researcher to do analysis in this paper.

The first is a thesis entitled Psychopathic Personality Reflected in Buffalo Bill's Character in Harris *The Silence of The Lambs* by Mariani (2007). In her analysis, she uses psychopathic theory which was proposed by Hare (1999) and psychological approach. Applying qualitative method, her focus is to analyze the symptoms of psychopathic personality disorder. From her analysis, it results ten symptoms of Psychopath in Buffalo Bill's character. Those symptoms are callous and lack of empathy, grandiose sense of self-worth, pathological lying, conning and manipulative, lack remorse or guilt, parasitic lifestyle, poor behavioral controls, lack of realistic long-term goals, antisocial, and criminal versatility. This previous study contributes to the present researcher to have clearer understanding about psychopathy and how to analyze the character in novel by using psychopathic

personality disorder theory. The theory and method used are also applicable to this paper.

The second previous study is done by Putri (2014). Her analysis is entitled *Psychopathic Personality Reflected in Tom Tykwer's Perfume: The Story of a Murderer*. In the study, the researcher used qualitative method to analyzed the data applying abnormal psychology and behaviorist theory. The analysis is attempt to describe the extrinsic elements of film including the psychological condition of main character Jean Baptiste Grenouille; the factors of Jean Baptiste Grenouille being a psychopath. As the result of analysis, the research found the characteristics, symptoms, causes and effects of psychopath on the major character in this movie. This previous study gives contribution to this research as a guide and example of analysis which discuss about psychopath since this previous study covers a complete analysis of a psychopath, such as causes, symptoms, characteristics, and effects.

The third previous study analyzed by Rakhmadhani (2016) entitled *Psychopathy in Thomas Harris' Hannibal Rising*. In this previous study, the researcher applies psychological approach. Her type of analysis is qualitative analysis which is done to describe the symptoms of psychopath, the causes of psychopath, and the types of psychopath. There are two findings as result of analysis: the symptoms of Hannibal's psychopathy and factor causing psychopathy. For the first type of finding, there are six symptoms. They are antisocial, impulsive and poor behaviour control, lack of empathy and poor of judgment, lack of remorse and guilty feeling, compulsive, lying, and manipulative, and lacking goals. For the

second result, it is found that the factor causing Hanibal becomes psychopath because genetic factor and environment factors.

The fourth previous study is from Janita Rasia (2019) entitled *The Psychological Analysis of The Main Character Frederick Clegg in The Collector Novel by John Fowles*. She applies qualitative research by using psychological approach. Her thesis is done in order to find out the factor causing the character become psychopath and the symptoms the character shows. Her effort results finding as needed to answer her problem of analysis. She finds that social factor is the cause of the psychopathy of the character in the novel. Next, there are eight symptoms of psychopathic personality found, such as Callousness and Lack of Empathy, Grandiose Senses of Self Worth, Pathological Lying, Conning and Manipulative, Lack Remorse and Guilt, Poor Behavioral Controls, Lack of Realistic Long-term Goals and antisocial.

The last previous study is from Rozali et al (2018). They do analysis on Novel *Katarsis* by Aemilia to find out the psychopathic symptoms and the factor causes the psychopathy. In the paper, they apply qualitative method to describe how the symptoms and factor. From their analysis, several symptoms are found, they are: antisocial, manipulative, aggressive, sadistic, guiltless, and regretless. Furthermore, they found that both genetic or biological factor and social or environmental factor take part in developing the psychopathy.

In this analysis, it will be applied methodology of analysis and theory adapted from those previous studies above. The method of analysis as well as the theory will be the same as applied in Mariani (2007), Rakhmadhani (2016), and Janita Rasia

(2019). However, this paper uses subject analysis which is different from those researches which is *My Dark Vanessa* Novel by Kate Elizabeth Russel (2020).

2.2 Psychological Approach

Generally, there are some approaches that are used in analyzing literary works, such as structuralism approach, psychological approach, sociological approach and genetic structuralism approach to analyze an object. By some of these approaches, the writer chooses Psychological approach because this approach is more effective with the research question and in answering the research question.

Psychology generally deals with mind, brain, and human behavior. Wittig in Asia and Samanik (2018) defined psychology as below:

“Psychology is truly the study of all behavior and mental process over the entire life spend. Psychology is the study of human behavior normal and abnormal behavior conscious and unconscious influence of behavior, and behavior from the conception to the dead.”

Hence, from the explanation above, it can be noticed that psychology is a study that relates to human's minds and behavior that concerned about how human can work, behave, interact in a situation. In line with the statement, Walgito in Wirawan and Samanik (2018) added that psychology is a science which analyze behavior or activities that are seen as manifestations of human psychic. In that case, from those explanations, it can be understood that psychology is a study about human mind and its impact to human behavior and activity.

Psychology explains that many disorders result from mental, behavioral, and social factors, such as personal experiences, traumas, conflicts, and environmental conditions (Downing in Amelia and Daud, 2020). Thus, in order to analyze a

psychological disorder, psychological approach must be used. Psychological approach is fascinating and rewarding. Ramaraju (2012) declares that novel can be analyzed by psychology approach to know the character's psychological problem. Based in the quotation, it can be taken that psychological approach is a suitable concept for this paper.

In this paper, the psychological approach will be focus on psychological literature, which is a Novel. According to Paris (1997), "psychological approach to literature is an approach to understand the behavior of realistically drawn characters in the same way we try to understand the behavior of real people." In addition, Wallek and Warren (1956) says that a literature presents a life that consists mostly of social realities. Therefore, it can be used as an object of study that provide the narration as the fact imitation. In this case, applying psychological approach will be much helpful to find out the psychological problem in the story.

2.3 Psychopathic Personality Disorder Theory

Psychopathic personality disorder theory is commonly applied in psychological study, weather it is in the real case or in the literary field. The objective of using the approach on literature is to discover the factor causing the psychopathic personality disorder and its symptoms in literary work.

"Psychopath is someone that suffer psychological disorder and affected by antisocial personality disorder. The word "Psychopath" means mental disorder. "Psyche" means mind and "Pathos" means disease". (Hare, 2003)

"Psychopathic is a mixture of interpersonal, affective, lifestyle, and antisocial traits and behaviors. The personality traits that make up and psychopathic diagnosis begin to manifest themselves in early childhood. Specifically, the psychopath may be deceptive, manipulative, irresponsible,

impulsive, shallow, un-empathetic, guiltless, and remorseless”
(Babiak and Hare, 2006)

Based on the statements above, psychopath is those who has psychological problem or disorder. Psychopath indicates someone who are dangerous and unpredictable. They are very complex in the way they act. They are able to manipulate people against their own wills. They are lack of sympathy or remorse to the damage they make. They are also compulsive liars who are able to lie naturally and continuously. Psychopath makes their own decisions freely and know full well what they are doing. Hare (1996) mentions:

“Lying, deceiving and manipulating are natural talent for psychopath. When they caught in a lie or challenged with the truth, they are seldom perplexed or embarrassed. They simply change their stories attempt to rework the facts so that they appear to be consistent with the lie. The result are series of contradictory statements and a thoroughly confused listener”.
(Hare 1996)

Psychopath can be determined from their interpersonal, what they are doing to get feedback or something they want. Lifestyle of a psychopath can be just like normal people and difficult to be detected. However, sometimes their nature behavior will show up, for example they are antisocial. They are manifested themselves in early childhood, just like kids who think that they always right. This could cause them guiltless for everything they have done, Then, they will be irresponsible to something happens since they think that they are right. Moreover, they are capable to make sure everything will end up like they hope. in doing what they want, they cannot control their emotional. They do not have any empathy so than they are guiltless, for example, killing a person for them is like killing mosquito for normal people. Therefore, being a psychopath is very serious thing.

“Many people think of a psychopath as a rare creature found only in the lowest levels of society. However, the reverse is true. They are not rare, but actually quite common, and you are more likely to find psychopaths in the boardroom than on the wrong side of the tracks. The reason is that more competitive a particular environment is the more ruthless the use of the cheating strategy becomes. Within the highest circles of power and wealth, a lack of pity and remorse is practically a prerequisite to success, and only the psychopathic mentality can thrive. Because of the tremendous destruction psychopaths reap on society, it is vital for everyone to be aware of their existence to recognize their behavior traits. Understanding them is the first step to defending oneself against them” (Verstappen, 2011).

Based on the explanation, it is understandable that people who have relationship or just even only a conversation with psychopath should embrace them by understanding their thoughts but still try to be competitive in a right side due to they have so many sights toward something that they really want to get or dominate it. Therefore, this paper is written in order to help people detecting psychopath so than they can decide a certain action then being with psychopath.

2.4. Factors Causing Psychopathic Personality Disorder

Based on Glenn et al, (2011), there are two factors that can influence someone become a psychopathic personality Disorder, they are: Genetic factors and Social. Glenn et all (2011) says, “Psychopathy has multiple etiologies and constitutional influences will both shape and be shaped by environmental influences. Next, each factor will be explained in detail.

2.4.1 Genetical Factors

In this case, psychopathic disorder is born not made which means that genetic factor causes the psychopathic personality disorder. Someone with this disorder is predicted having parents with the same problem. On the other hand, it can be caused

by disorders genetic, and there are changes in the psychic body chemicals such as fear, anxiety, and frustrated with someone.

2.4.2 Social Factors

Social factors include family circumstances, bad environment, shameful or fail experience in the past, or trauma. Family circumstances means family can be one of the causes that cause someone suffers psychopathic personality disorder. For example, someone had a difficult childhood. In this case, someone who suffer psychopathic usually get bad treatments from their family, for example there are several different parent figures, with different demands and expectations, or they may have not spent time in care. or they experience physical, sexual or emotional neglect or abuse.

Bad or traumatic experience means a person who has a psychopathic disorder caused by experiencing other mental health disorders like depression or anxiety. Moreover, the factor of a person having a personality disorder can be from the environment includes childhood traumatic experience. The effect of the disorder is shaping a person who is brutal, aggressive, violent against people and cold hearted. In sort, Blair er al (2016) said that the impact of a person who has psychopathic personality disorder will lead the person to commit several actions that morally unacceptable and restricted by law.

2.5 The Symptoms of Psychopathic Personality Disorder

Psychopathy does not happen by itself, there are some symptoms that are done by someone that indicate them as a psychopath. Sarlito (2010) said that Psychopaths usually know that their behavior is harmful or detrimental to others, but he does not

care, and cannot refrain from doing it. There are eight symptoms of psychopathic personality based on Verstappen (2011). Those symptoms are: callousness and lack of empathy, grandiose senses of self-worth, pathological lying, conning and manipulative, lack remorse and guilt, poor behavioral controls, lack of realistic long-term goals and antisocial (Verstappen, 2011).

2.5.1 Callousness and Lack of Empathy

Empathy is the ability to experience and understand the feelings and emotions expressed by others. Psychopaths are lack of empathy. As a result, a psychopath does not care about the impact of what they do on others. In other word, they consider another human as a doll so then they can do everything they want. Psychopaths learn to imitate others as they see and do, but they never understand why they should act this way. This first symptom means that psychopaths have no feeling any kind of remorse or empathy to others they have hurt, killed, or how badly they damaged their lives.

2.5.2 Grandiose Senses of Self Worth

Although being shallow and superficial, psychopath shows no self-esteem issues. Psychopaths live in a falsely constructed worldview in which they are both literally and figuratively good. Often seen as megalomaniacs, they also have an equally overblown sense of entitlement (Verstappen, 2011). This second symptoms, grandiose sense of self-worth means that a grandiose self-worth is when someone thinks of themselves as far superior to everyone else.

2.5.3 Pathological Lying

Since they are lack of empathy, shame, and remorse, they do not care to others so then lying is not matter for a psychopath. In addition, they master in constructing a lie. For the psychopath, lying is as easy and natural as breathing. This is why they often pass polygraphs. Verstappen (2011) stated that they do not register the physiological reactions that non-psychopaths would when lying. They are so good at lying they can fool trained psychiatrists and even other psychopaths. This third symphyses means that when someone continuously lies but they still make it perfectly and believable for others.

2.5.4 Conning and Manipulative

Psychopathic extraordinary ability to lie is hand in hand with the ability to manipulate others in order to get their own benefit. Psychopath very often cheat just to get an emotional response from their environment. Although often caught lying a psychopath is unrepentant and tends to do the same things over and over. They master in manipulating and expert on knowing how to push our buttons to use our emotions against us. They use this ability to keep those around them confused, unable to think clearly, and off balance (Verstappen, 2011). This fourth symptoms from psychopaths means they are able to conn someone is to manipulate them into doing something to your own needs or wants

2.5.5 Lack Remorse and Guilty

Remorse is an emotional expression of personal regret felt by a person after he or she has committed an act, which they deem to be shameful, hurtful, or violent (Arimawati, 2020). Psychopaths understand when people are angry with them for their behaviour, and as a last resort they may pretend they are sorry but unlike most

people, they are not the least bit disturbed by feelings of guilt (Verstappen, 2011). This definition very precludes a psychopath from experiencing such a feeling. With no empathy, there can be no emotional expression. This fifth symptoms of psychopathy means that people who sufferers psychopath do not feel remorse, or even they are indifferent to the circumstances around them. And guilt in here have same thing with lack remorse, guilt means when you don't feel sorry for what u done to someone.

2.5.6 Poor Behavioral Controls

This characteristic can be misleading since many psychopaths exhibit excellent self-control by having to pretend to be 'Normal' for most of their lives. The lack of self-control comes into play when the megalomania causes them to do and behave exactly as they please at any time they have an urge. This brings us to the next characteristic (Verstappen, 2011).

The sixth symptoms from psychopath, which is poor behavioral controls it means psychopaths cannot control themselves. They are not able to control their emotion, like controlling of anger or temper. They also act hastily, even when the consequence is harmful for them.

2.5.7 Lack of Realistic Long-term Goals

Another characteristic attributed to the psychopathic personality is lack of realistic long-term goals, but this can be misleading. Many psychopaths have goals, such as murder three victims at once. However, lack of realistic here means they do not think deeply about the logical sense, moral, and situation. For example, if the

psycho wants money but the person is wrong for possessing the money, he wants so robbery is good and the person is bad. Verstappen (2011) said:

Many psychopath's impulsive behavior makes sense in light of their megalomania. In their world, whatever they want now, is good and whatever they do not want is bad. If a psychopath wants sex and his date will not provide it, then rape is good and the date is bad. If somebody has money in his or her pocket, and the psychopath wants it, then robbery is good, and the victim is bad for possessing something the psychopath wanted (Verstappen, 2011).

2.5.8 Antisocial

Since they are lack of empathy, they tend to be antisocial person. Vandalism, pollution, graffiti, animal abuse, environmental destruction, building code violations, reckless driving, and a host of morally and socially unacceptable activities are of no concern to the psychopath (Arimawati, 2020). This symptom means psychopaths avoid contact to others or their surrounding social. The loneliness brings them into a rude and unmannered behavior. Verstappen (2011) says,

The very essence of the psychopath is antisocial. Vandalism, pollution, graffiti, environmental destruction, building code violations, reckless driving, and a host of morally and socially unacceptable activities are no concern to psychopath (Verstappen, 2011).

In this paper, both theory of psychopathic factor by Glenn et al (2011) and the psychopathic symptoms by Verstappen (2011) will be applied in order to answer the research questions. That theory will be used in analysis to find out what factor causing Jacob Strane in *My Dark Venessa* become psychopath and what action he does as the symptoms of his psychopathy.