

CHAPTER ONE

INTRODUCTION

1.1 Background of the Study

The core of globalization, which emphasizes quantity and economic orientation synchronized to the mainstream culture that compares with the current culture is popular culture, which appears to override its quality and is regarded as the core of globalization, that emphasizes quantity and economic orientation synchronized to the mainstream culture that compares with the current culture. Popular culture is regarded as unethical, but it is rising within society in order to meet society's demand for affordable entertainment. Both welcome technology and industry as fertile growing grounds in tandem with globalization. Movies as media popular play a greater role in globalization as the most eagerly anticipated goods. Movie that we watch influence our ideas, emotions, and perspectives on the world. It's not just about the artist and the producer however it's about the audience, history of problems, and the industries (Fithratullah, 2021).

Film is regarded as part of a consumer culture that is influenced by the needs and desires of societies. Film also advanced to the level of academic study with a growing number of films it being used as source material for learning about Society, culture and history (Ngestirosa & Fithratullah, 2018).

Film as a part of Literature which is a human expression in the form of works such as thoughts, opinions, experiences, and feelings in imaginative forms which is made more aesthetically pleasing through the medium of language. Apart from being a work of art that has imagination and emotion literature is also a creative work that is used for intellectual and emotional consumption, literature also provides aesthetic and intellectual satisfaction for the viewers (Mahendra & Amelia, 2020).

Film is made up of various components that are processed in various ways to communicate their thoughts and opinions to the viewer, the term used to describe the setting

of a scene in film including people on the stage or in front of the camera called is mise en scene. In other words, mise en scene refers to anything that leads to a production's visual appearance and overall. Mise en scene includes elements such as lighting, space, costumes, and acting, all of which contribute to aspect in film (Barsam & Monahan, 2010). The use of mise en scene has a significant impact on the film's reading, it can be applied to the entire film rather than just a few scenes in order to establish a consistent mood from beginning to end (Moura, 2014). Film is able to package the message and ideology of the maker and convey the symbolic reality of a phenomenon in depth, even the format in the film usually becomes stereotyped. It is common for the story in the film to represent a handful of realities that actually occur in society or even as a complete picture of the realities of life.

One of the case realities that represent in movie that is eating disorder, eating disorders are severe and complex psychiatric conditions that cause substantial disability and socioeconomic consequences. Bad body image, abnormal eating habits, an over emphasis on weight and shape, as well the use of excessive weight management behaviors are among them. Despite their seriousness eating disorders are often misunderstood and undervalued in today's culture. Anorexia nervosa is characterized by a chronic restriction of energy intake that results in a substantially low body weight for one's age, gender, and developmental stage (Morry & Sandra, 2001). It is a condition marked by a constant fear of gaining weight or being overweight as well as habits that prevent weight gain despite having a low body weight. Individuals can also have a distorted view of their own body weight or form even without realizing how severe their current weight loss is.

Eating disorders occur from several eating behaviors in the form of eating less behavior to excessive food consumption behavior (Dacey & Kenny, 2001). The pattern of behavior is caused by the influence of distress or caused by several factors in the conditioning of certain body shapes. Individuals with eating disorders usually eat certain portions in small amounts

but the strong urge to do this behavior is a problem that cannot be controlled by him or her. One of the eating disorders is anorexia nervosa. In anorexia nervosa chronic starvation can cause endocrine gland abnormality less than optimal growth.

Anorexic sufferers think of their skin and flesh as only fat that must be removed in the absence of fat in the body, making sitting and lying down is an uncomfortable activity because they are too thin, sufferers usually also find it difficult to sleep then the sufferer gradually withdraws from friends and family they prefer to be alone. Suffering from anorexia can disrupt the stability of the body's systems, causing several adverse effects including bone loss, mineral loss, low body temperature, irregular heartbeat, permanent disruption to body growth, prone to osteoporosis, in addition there is an even worse effect for a person with anorexia taking laxatives because laxatives are very harmful to the body.

The occurrence of anorexia nervosa has increased since the last 2 decades, it is estimated that one in every 100 women aged 16-18 years suffers from anorexia nervosa (Akridce, 2002). Anorexia sufferers maintain their body shape to stay thin or to be thinner under normal weight, individuals with anorexia nervosa are very afraid of gaining weight, they going to maintain extreme hunger if they feel already eating too much and immediately vomit the food, this is to maintain or reduce their body weight through strict control of their calorie intake (Attia & Timothy , 2007).

Anorexia nervosa is a life-threatening eating disorder characterized by a people refusal to maintain a minimum normal weight, a significant impairment of perception about body shape or refusal to admit that that is a problem (Philip & Brown, 2015). Anorexia Nervosa is complex disease involving sociological and physiological components, the sufferer is found to increase the ratio of liver enzymes ALT and GGT to acute liver dysfunction at advanced stage, while many studies suggest that the underlying problem is psychological rather than biological. some experts suspect that people with anorexia nervosa may be addicted to opiates morphine

like substance that is produced by the body that is thought to be released during long term starvation (Dobrescu, 2020).

According Semeco (2019), Anorexia nervosa might arise in a variety of ways, including the following signs and symptoms:

1. Dry Skin
2. Feeling cold and weak
3. Refusal to eat
4. Vomiting the food
5. Extreme weight loss
6. Lying about hiding food
7. Engaging in Food Rituals
8. Excessive Exercise
9. Purging for Weight
10. Loss of menstruation or less frequent periods
11. Lanugo (downy hair on the body)

Though the restricting eating patterns that characterize an anorexic are similar to dieting there are significant variances, the consequences of the disease's excessive behaviors are far more serious and far-reaching than any negative consequences of dieting, while dieting may be done with the sole objective of losing weight, anorexia nervosa is frequently used to achieve control over emotions, particularly as a result of traumatic experiences or in a chaotic situation, therefore they consider weight loss as a means of achieving personal happiness.

Anorexia nervosa and binge eating disorder are two forms of eating disorders, anorexia nervosa is the self-limiting type in which the individual severely limits food and forces him or herself to carry out various exercises and followed by performing purgation through self-induced vomiting or using laxatives, diuretic, or enema. This circumstance led to starvation conditions the result in a variety of medical symptoms. Changes in growth hormone levels, reduced sex hormone secretion, imperfect bone, marrow tissue formation, brain structural abnormalities, cardiac dysfunction, and gastrointestinal difficulties are common (Akridce,

2002). Additionally, binge eating disorder is a form of eating disorder where a people keep eating out of control. Sufferers will continue to think about eating looking for opportunities to eat even if secretly. People with this eating disorder will indeed regret after eating a lot, but they do not make efforts to lose weight properly, that is why people tend to be obese (Alexandea & Furth, 2002).

The movie entitled *To the Bone* (2017) will show the main character named Ellen, she has anorexia and has lost her appetite for food. Ellen used to measure her arm circumference making sure that it didn't exceed her grip. Ellen also never finished her meal, only a little was consumed and some was vomited, in addition before going to bed Ellen does sit-ups to get rid of the calories in her body. Ellen has been in and out of the special care home for patients with eating disorders without any significant progress until she finally returned home, to help Ellen's recovery, Susan her stepmother enrolled her in a new special care home under the auspices of dr. William Beckham although at first Ellen refused, but in the end, she wanted to join the treatment there and met with six other patients. Throughout this film the audience will be entertained with a slow narrative about eating disorders through scenes and dialogues

1.2 Research Question

Base on the background of study above the writer would like to expose major problem formulation.

- How does the movie represent the symptoms of anorexia nervosa disorder?

1.3 Research Objectives

Base on formulation above the writer highlight the main objective as:

- Describe how the movie represent the symptoms of anorexia nervosa disorder.

1.4 Uses of Study

1.4.1 Theoretical Used

The researcher hope that this thesis will be used as one of the sources to assist other researchers to explore or examine the same subject of discussion that is relevant to symptoms of anorexia as Seen on Movie to the Bone (2017).

1.4.2 Practical Use

Through reading this research, the author really expects that this study will support and lead to the reader's development fresh awareness about the symptoms of anorexia. to enrich the perspective on symptoms of anorexia exposed through the movie and reflecting what was happen among the society.

1.5 Scope of the Study

the analysis will be scope under the ideas of exposing the symptoms of anorexia represented through the movie To the Bone 2017. the scope of the analysis is mandatory to avoid the large theme that was identified as the topic. the writers have to restrict the review as well. the emphasis of this analysis is the symptoms of anorexia.