

ABSTRACT

Defense Mechanism as Seen in the Main Character of Victoria Aveyard's *Red Queen*

**Akhmad Zaki Baridwan
15111571**

Literary works often reflect how humans in reality cope with their problems. From a psychological perspective, an author may mirror how anxieties and defense mechanisms are developed to be implemented into their works. This study aims to reveal how anxiety and its application of defense mechanisms from the dialogues and narratives within Mare Barrow in the novel *Red Queen*.

The research is done by applying Sigmund Freud's theory regarding the nine types of defense mechanisms in psychology. The analysis uses the dialogues of the characters and narrations included in the novel as its main data of study, then finding the contextual similarity to Freud's defense mechanisms in psychology. This research uses a descriptive qualitative method as the study attempts to identify anxiety and describe its types of defense mechanisms in accordance with Freud's theory. The data sourced from library research, such as journals, articles, and other published works.

The result of the study shows that Mare Barrow, the main character in Aveyard's *Red Queen*, suffered from anxiety and employs all of Freud's nine types of defense mechanisms; starting from repression, denial, displacement, projection, rationalization, intellectualization, regression, reaction formation, and sublimation. In which it makes an important insight as to how a fictional character can apply real psychological concepts to cope with problematic situations.

Keywords: *Anxiety, Defense Mechanism, Psychological, Red Queen.*

