

CHAPTER TWO

LITERATURE REVIEW

To support this research, the writer needs important concepts and theories that could help the writer to answer formulated research question. Therefore, in this research the writer uses several previous studies and related theory of masochism. There are two previous studies that discuss the same object of analysis as the reference of Anastasia character. Meanwhile, there are three previous studies which discuss the same topic about Masochism and sex behavior as the guidance to answer the research question. Furthermore, in this study the writer uses Masochism theory by Chaplin (1981) as the main theory to answer the formulated research question. In this chapter also will be discussed the psychology approach as the guidance to conduct the analysis.

2.1 Previous Studies

The first study written by Emerald Louise King at University of Tasmania, South Australia entitled *More than Skin Deep: Masochism in Japanese Women's Writing 1960-2005* in 2012. This thesis examines the depiction of masochism in the scenario between narrations and novels of Kōno Taeko, Yamada Eimi, and Kanehara Hitomi. This novel uses visual imagery of 'female comic' artist, Watanabe Yayoi (Japanese comics) or manga. The author of this thesis focused on describing contextual of women in Japan and West and does not proceed with background of social, economic and cultural conditions at the time of publication. This thesis used masochism theory from Richard von Krafft-Ebing, Sigmund

Freud and Theodor Reik. In the end, writer of this thesis found masochism is contrary to popular interpretations, in relationship between masochists and consorts, partners, torturers of their choice, masochists who very often hold a balance of power. This research helps the writer to understand the basic concept of masochism is masochism not only pleasure in pain, but pleasure in pain expectation because it has a correlation with Richard von Krafft-Ebing, Sigmund Freud and Theodor Reik which shows masochism can be a personal choice made by women to reject social expectations and restraints placed on them. This study helps the writer to understand more about the concept and the characteristics of Masochism.

The second thesis written by Gita Andri Ana Puspitaningrum in 2018 at State Islamic University of Sunan Ample Surabaya, Indonesia entitled *Anastasia Steele's Attraction in Fifty Shades of Grey*. This thesis study describes and explains how to get attention from our loved ones. The purpose of this research is to find out how the main character in characters of Christian Grey and Anastasia Steele and also how Anastasia Steele gets Christian Grey attention. This research used a quantitative approach and uses psychoanalysis by theory of Sigmund Freud as the main theory to analyze Anastasia's way of getting Christian Grey attention. The technique used by the writer is classifying data, making a list of characters of Christian Grey and Anastasia. The results of this study show there are several Christian Grey character novel, namely his mysterious, polite, romantic, jealous, controlling, open-minded and honest attitude and from Anastasia in find some of Anastasia Steele's characters in novel can be seen when emotional, sensual, innocent and shy Anastasia from the novel by *Fifty Shades of Grey E. L James*.

This study helps the writer to understand some of the points of masochism and understand some of the basic characteristics that exist in Anastasia Steele. The concepts and characteristics of masochism and how Anastasia admits or addresses Christian Grey she is still virgin, and Anastasia shows that she is an innocent woman. This study helps the writer to understand more about Anastasia characteristics and relate her attraction towards Grey on the theory Masochism.

The third thesis entitled *The Impact Of Lack Of Having Sex Education In A Family As Seen In Minette Walters' The Dark Room* by Sweet Suzi Maria from Sanata in 2007 Dharma University Yoyakarta. The purpose of this thesis is to analyze the aspects of love and sex associated with sex behavior in their children who are Simon and Meg, while in this thesis also states the importance of the role of parents in knowing the development of their children, especially in sex and love, by discussing the intrinsic and extrinsic aspects of Simon and Meg's behavior are very different from looking at sex and love. This thesis used a literary psychological approach on the theory of sex and the theory of love. This thesis describes the behavior of their children Simon and Meg. In addition, this thesis use two theories by Sigmund Freud as basic understanding and also uses the theory of sex and love by J.P Chaplin. Referring to his ID which focuses on sex is pleasure or natural joy which is closely related to stimulation of the genitals to get orgasms involving a sense of love. Furthermore, in showing love for someone a partner is willing to do anything shows a series of erotic behavior which involves slavery in the name of love and obedience, and results in someone becoming a masochism, and/or master-slave relationship. This thesis helps the writer to find out the behavior called sex and love of masochism based on J.P. Chaplin (1981). This

study becomes the main previous study used as writer's guidance to apply the same theory of Masochism by Chaplin (1981).

The fourth thesis written by Dini Andiani at University of North Sumatra, entitled *Sadomasochism in E. L James's Fifty Shades of Grey (2017)*. This study focuses on the main character disease in novel *Fifty Shades of Grey* which has a type of disorder called Sadomasochism and has relationship with BDSM. The author also describes theme used which is BDSM in novel *Fifty Shades of Grey* story through relationship of Christian Grey as dominant and Anastasia Steele as submissive. The writer of this thesis used theory of sociology literature and post-modernism to analyze dominant phenomena & submit to main character, which finds sexual abnormalities not only from sociology but from psychology created by women characters in Grey behavior as dominant, namely slavery, handcuffs, slaps and whip represented by Christian Grey. The results show that overcoming trauma of Christian Grey and covering his good images where Grey finally represents treating himself as a dominant, Anastasia Steele represents submissive. Previous research helps the writer to find depiction of masochism through the main character as Anastasia and Information about submissive of Anastasia in the novel *Fifty Shades of Grey* by E. L James explained by Dini Andiani. This study helps gives insight to the writer about how masochism is formed by the dominant partner especially in the same object of the study.

The last study is a journal written by Kinanti Pelangi at Diponegoro University in Semarang, entitled *Kevin Morano Sexual Sadism and Character in Character Seduction In Death Novel (2016)*. This thesis has three objectives, namely to

describe character of Kevin Morano's character, to reveal characteristics of presence of sexual abnormalities, and to see causes of abnormalities that indicate there are sexual needs that are not met through the main character. This thesis also used character of psychoanalysis by Sigmund Freud, on theory of the development of psychoanalysis and psychology by Sigmund Freud. The results of this analysis found Kevin Morano's character is highly educated, and has good images in the community and he has sexual needs that not everyone can accept specifically with sexual disorders he has. Although this thesis discusses different topics, but this thesis helps the writer sees women character in masochism sexual disorder in tightening up about sexual disorders through explaining character. This study helps the writer to use psychology of literature as the approach to conduct this study.

In conclusion five previous studies are part of the writer consideration to help the writer conduct this research. The first previous study is very helpful in giving basic concept of Sigmund Freud's but by whole need theory by J.P Chaplin theory as the main theory used in giving understanding of basic or concept of masochism which is about love because if concept of love if you love someone you can do anything for great of love and for women's personal understanding of masochism in which masochism is not only pleasure in pain, but pleasure in expectation of pain. The second previous study is very helpful in providing concept of the theory of masochism by basic understanding of masochism describing condition of women as the most fundamentally oppressed class in a misogynistic patriarchal culture. The third, fourth and fifty previous studies are very helpful to support analysis in this study. Therefore, the previous studies have contributed to this research because

they are giving insights to the writer related to object of analysis and related theories used in this study.

2.2 Psychological Approach

Literary psychology is used to see relationship between literary works and psychological conditions of personality development and abnormal behavior related to psychology both from the point of view of the writer and her character. The existence of literary works can be one of the tools that scientifically determine psychological conditions through one's personality. Although the existence of literary works is influenced by psychological conditions, but far more, literary works can be about the world of imagination, mental disorders or sexual disorders, in this case is masochism sexual disorder that owned by a woman. There are some people have neuroses with techniques and free associations with a theory about the existence of personality or sexual disorders, and mostly it more concerns with the existence of an unconscious process.

According to Ratna (2004), relationship between the world of psychology and literature is functioned as text analysis that considered for better relationship between the role of psychological studies and the world of literature. It can be said that psychology has an important role to analyze a literary work from the point of view of the psychological world, whether viewed from the point of view of the writer, reader, or character.

Furthermore, psychology of literature discusses *role-play* in the psychiatry field that can be explored through famous psychologists. Psychological approach has been done by practitioners who master the theories and concepts of psychology. While

literary psychology approach is also an approach to find out how psychoanalysis is more inclined into psychology of unconscious. It is more focusing on the areas of motivation, conflict, dreams, and character traits. However According to Wellek and Austin (1989), psychology of literature has four meanings in it, including: author's psychology which is used as a person or type, study of the creative process, study of types and legal laws in psychology that are applied in a literary work, that could impact the literature towards the readers.

In this study, the writer uses this literary psychology approach as the most appropriate approach to analyze the object of analysis about masochism. Although from the surface it might seem to be part of radical feminism because it talks about woman. However, according to Jacobi (1876), women need physical and mental rest when masturbating, and it is in line with the masochism theory in the psychological field. Thus, this psychology approach is used in order to understand the context of masochism that is not only about pain or removal and women body, but also about psychology and soul. Therefore, the writer uses this literary psychology approach to get deeper understanding about the analysis of Masochism Sexual Disorder as described in novel *Fifty Shades of Grey* by E. L James.

2.3 Masochism

Masochism is sexual disorder which has several characteristics of human condition. The first characteristic is masochism could be used to call person who gets satisfaction when having sex by means of being physically or mentally tortured against him to reach orgasm. Usually it is triggered by famous torture in the form

of flagellation (beating or flogging) using hands or sexual objects. People, who experience sexual masochism, cannot achieve sexual satisfaction if there is no pain or shame that she receives. Based J.P Chaplin (1981) Masochism is a sexual disorder or disease in which the individual obtains sexual satisfaction through pain in her self. This pain is considered as a prelude or a complement to sexual relations and the application of pain that is considered good enough to get an orgasm. It is supported by Maria (2007) that masochism is sex is pleasure or joy that is obtained by nature which is closely related to stimulation of the genitals and it is related to sex behavior. Masochism is based on a sense of guilty and great sinful elements, especially aimed at the subject to his/her partner.

The second, masochism is also called a phenomenon of willingness to submit submissively and absolutely to its sex partner as its nature. This phenomenon is called erotic masochism, which has an attribute of willing to suffer great pain "for the sake of love" (J.P. Chaplin, 1981). The third, masochism is a phenomenon of desire to submit in an erotic way absolutely to a partner as a form of love or without coercion. This phenomenon is known as erotic masochism since the partner willing to suffer severe pain for sake of his love or someone loves. Sexual masochism disorder must also be distinguished from martyr's syndrome, which is a person who wants to be a martyr, looking for suffering or persecution in order to meet his psychological sexual needs and defeated personality disorder. Personality self-defeating disorder is a pattern of self-defeating behavior, avoiding pleasure and being attracted to the suffering that his partner can get.

For example: normally women want to be in a serious relationship and date for long enough. When they want to have sex with their partners they want to be treated very special and intimate relationships in general. But it would be very different with masochism. Masochism relationship for example, there is a sadistic teacher or master, and a masochist which is a student or slave, in which the student or the slave having a role as masochist that must have the same passion and want to be harmed.

2.3.1 Sadomasochism

Besides the term masochism, the term sadomasochism is also famous since the 19 Century. This phenomenon described as a sexual disorder which is also known to have correlation with paraphilia's. Sadomasochism is discussed as the main factor that triggers of someone suffering masochism, since masochism usually occurs in individual because they have dominant partner who suffer Sadomasochism.

In the definition, sadomasochism is the construction of a sexual disorder regarding to the feeling pleasure in harm sexual activity that caused by traumatizing childhood experiences (Rousseau, 1782). Therefore, usually woman response to her partner that suffer sadomasochist by being able to accept the partner rather than being happy or knowing form of affection. Woman will be willingly to have *plays- role* of a masochism that can feel the way her partner feels at the time. Thus, it is also the reason women become a masochist that experience blow and whip erotic, affection and satisfaction for her partner (Renaissance Giovanni Pico della Mirandola 2nd century).

Meanwhile, based on Sigmund Freud's theory, sadomasochism is a sexual disorder that combined from words of sadism and masochism, because according to Freud's

theory, there is a connection with science of disease or more commonly known as pathology. The reason is because the impulses are outside recognition or outside unconsciousness. Meanwhile, inside consciousness in which sadomasochistic actors act as pain givers with pain or betrayal to get satisfaction from what they did in their childhood, unconsciousness is often called a reservoir as bearer of feelings thoughts due to the encouragement and memories that appear outside the consciousness. Therefore, unconscious becomes a reservoir that distinguishes the truth or what is called love and desire that tries to emerge a level of consciousness. Unconsciousness continues to influence one's behavior to do it happily. The strong reason is because there is a very strong relationship between sadomasochism or as a pain giver and masochism is a recipient of pain or as a slave to love even though some lead to death. The reason someone doing this relationship is to make their partner can feel what they feel in their childhood memories in the form of sexual abuse and the pain they feel.

The characteristics of sadomasochism are quite visible, it can be seen from the characters and how they treat their partner especially in relationships. Here are characteristics of the famous of Sadomasochism:

1. Cruel

According to big Indonesian dictionary (KBBI), it is an action that wants to master when becoming a ruler with the aim to achieve level of satisfaction on its own. Sadomasochism perpetrators like to love pain that is given to their partners by the form of love, by controlling their pairs

with fear, and then try to curb and regulate the freedom of their partners who are attracted to violence, either through objects or visually and physically. For example: from Dini (2017), in her study, a husband who plays a master (Dom) that hits the wife's buttocks, wife as (Sum) in a way for sexual arousal or satisfaction from one or both with pleasure.”

2. Possessive

Possessive which is a word of ownership, which aims, prohibits, limits, and guides pair, if viewed in the world of psychology, excessive jealousy arises, and triggers emergence of possessive traits (Ivonika, 2020). Possessive person has a nature in which cannot far from an action to cruelty or interconnectedness. This is for the sake of creation of frustration feeling and relief to his/her partner. For example: from Gita Andri Ana Puspitaningrum (2018), Christian Grey’s jealousy can be shown when Anastasia with another man. He shows to Anastasia about his expression when he got possessive, after that he gave punishment to Anastasia.

3. Feelings of pleasure when hurting they partner

Someone who has sadomasochism will feel pleasure or satisfaction if they can give pain or torture to the recipient (slave), which is his partner. It is mentioned as an erotic slave or called love. For example: form Sudrazat (2016), there is a medium shot that shows the surrounding and the objects on the scenes, where there are a lot of Christian’s tools and gears that he used to satisfy him. It shows the id of Christian and how it works. It is called as the “*pleasure principle*”. It is a part of human pleasure in the world such as desire, love, and else.”

2.3.2 Masochism Causes

This part explains about causes of someone having masochism sexual disorder in her personality. There are causes of masochism sexual disorder:

1. Trauma

According to theory of psychoanalysis by Sigmund Freud, trauma experienced during childhood, such as sexual harassment, sexual violence that has a bad impact in childhood, either from nearest family or someone else, because of this also someone can become traumatic and become a deviation sexual or sexual disorder or better known as paraphilia or exhibitionist behavior, which is the tendency to enjoy pain by pleasure.

2. Sexual Fantasy

Still related to sexual disorder of paraphilia, masochism can be caused by sexual fantasies that are held back or not shown, and instead, it becomes bigger and stronger due to several factors, such as perhaps because they are too busy with daily routine activities. When someone's sexual fantasy is not acted to be shown, it is because she has not found the right person to feel the same thing, or usually the person will feel under pressure and even feel more aroused.

3. Sexual Satisfaction

A writer from Australian Austria Ka'ar of Chevalier Leopold Von Sacher-Masoch (1895), in her writing said there was a sense of satisfaction when he was beaten and hurt by his partner that many people know is a sadistic, namely someone who achieves sexual satisfaction by hurting his or her

partner therefore this activity as a substitute to achieve pleasure with non-verbal sexual activity in general.

4. Environmental Influence

There is a relationship with environmental factors that can affect a person to be masochist. It is could be detected in the behavior patterns, thought patterns, and lifestyles towards one's sexual perspective. For example from Puspitaningrum (2018), Anastasia who grows up in a family that is not harmonious or broken home, and experienced the violence in family, even she had a relationship with person who had sadomasochist sexual disorder. Thus, it could be said that environment conditions could be the reason why people can become a masochism sexual disorder in itself.

5. Form of Escape

Masochism sexual disorder can be a form of escaping activity from various factors of person's life. It can be their direct experience or the experience that happen in their closest one. The purpose of the escape can be in the form of fantasy with encouragement.

2.3.3 Different between Sadomasochism and Masochism

In the psychological point of view, there is a connection between Sadomasochism and Masochism with BDSM, which its words stands for Bondage, Dominance and Sadomasochism, which in details it is about sexual expressions that involving game between the rulers and slaves. For rulers who act as Sadomasochism, they treat their women by using various tools to get satisfaction such as: handcuffs or tools that are

used by women or the slaves. Not only that, the activity like this has been practiced for a long time. Since along time, women are becoming slaves by slapping buttocks and having sexual relations to get orgasms.

Further, despite the fact that the term BDSM began to appear from many psychoanalysts and philosophers, however, Freud (1960) clarified its existence as sexual depictions to get a level of satisfaction by tormenting one's partner, which comes from the word "Sade" that currently used the term "Sadomasochism". Justine (1785) stated in Leopold von Sacher-Masoch which tells the main character named "Venuz im Pelz", a man who likes to be enslaved by women. From this story the formation of the word "Masoch" which started to be used as "Masochism", and the developed to become Sadomasochism which means being outside of consciousness to hurt the partner (Freud, 1889).

Thus, based on the causes and the characteristics of a person with masochism, which is based on Sigmund Freud's is known as the existence of relationship between woman and man who agree to hurt and feel hurt based on a contract, sadomasochism is exist if there is a masochist as their partner. Therefore, the term *role-play* must exist between both parties that agree to each other to have that kind of relationship with happy feelings (Sakti, 2015).