

CHAPTER TWO

LITERATURE REVIEW

In this chapter, the writer explains some of the previous studies related to this study. The previous studies could help the writer to conduct this study since the writer takes the relevant literary work as the guideline for this study.

2.1 Previous Studies

2.1.1 Transgender and Transsexual Studies (2008)

In the first article written by Ortiz in 2008, Ortiz used Transsexual community in the United States as the object of the study. In this article *Transgender and Transsexual Studies*, it stated that transgender or transsexual has the meaning of change, across, etc. in this article, the term of transsexual is more about when a person change their gender and their desire to make a relationship based on their gender after the surgery to make themselves satisfied with their own and new gender to continue their journey to the new chapter. But, both transmen or transwomen usually always get a negative connotation from society, even though their purpose to change their gender is to follow society's perspective towards the heterosexuality that believes in people. When they desire to be homosexual, people will not accept them easily. In social life, transgender or transsexual will face the condition when everything satisfies an identity card or the document related to their birth gender. This study uses the sociological writing approach, so this study is focused on the situation of a transsexual person in society. This study helps the writer to understand the meaning of Transsexual and transsexual problem in society since this research will focus on the causes of transgender and transsexual cases in *Normal Movie* (Ortiz, 2008).

2.1.2 Gender at/as Play in Celine Sciamma's *Tomboy* (2011)

Chareyron wrote this study in 2011. *Gender at/as Play in Celine Sciamma's Tomboy* is focused on the gender discrimination that happens to the main character who suffered gender dysphoria as seen in *Tomboy movie* by Celine Sciamma. This article uses the capture of the main character's life in her daily activities. In this article, the writer explains the main character's struggle that she wants to accept by her surroundings because of her gender dysphoria. The main character of this movie shows that she must pretend to be someone that opposite her gender expression even inside of her family. This movie becomes the first movie that uses the role of gender in children's literature since the main character of this movie uses the daily activities of ten years old children. In this article, the result of this study shows the misconception of gender in society because society only know that the role of gender only has two sides: male and female. However, there are more than nine types of the concept of gender in gender theory. There are a lot of ways to express our gender in our lifestyle since we have personal freedom in life. This article helps the writer conduct this research as an example of gender discrimination towards gender dysphoria from the other literary work. (Chareyron, 2011).

2.1.3 An Analysis of Main Character's Gender Dysphoria in Kom Fu's *For Today I Am a Boy* (2020)

This thesis was written by Hasibuan at the University of Sumatera Utara in 2020 with the title *An Analysis of Main Character's Gender Dysphoria in Kom Fu's For Today I Am a Boy*. The writer focuses on the causes and the characteristic of gender dysphoria that happened in the main character in the novel. This thesis uses a psychological approach to describe the main character's

condition that is suffering gender dysphoria from the main character's behavior. However, the main character get harsh treatment from his father, that identify as a dictator. The main character gets sexual harassment and must having sex with a lesbian to cure themselves and back to be a heterosexual person. However, those activities make the psychological condition of the main character guilty to himself and get traumatic for being a male. The result of this study showed that the main character's characteristics identify themselves as gender dysphoria and the main character struggling to be transgender. The process of transgender inside this thesis helps the writer to identify the process of transition in the main character of *Normal* Movie. (Hasibuan, 2020)

2.1.4 Gender Inequality: Non-Binary Transgender People in the Workplace

Davidson wrote this study in 2016, and this study is focused on the case of gender inequality towards non-binary, transgender people in the workplace. This study uses National Transgender Data Survey to show the number of gender discrimination towards non-binary and transgender people in the workplace. This study aims to identify the number of transgender and non-binary employees who get less promotion in companies; however, in the workplace, companies also accept transgender as their employees. But this study gives the knowledge about the condition of transgender that is still not accepted in many places. This study is helpful for this research, since the writer compare and see the real condition of transgender employee in *Normal* Movie that give more struggle to be acceptable and still accepted by the company. (Davidson, 2016)

2.1.5 Gender Dysphoria: Treatment and Outcomes

The study that entitled *Gender dysphoria: treatment and outcomes* was written by Wylie in 2012. This study focuses on the case process of transition that transgender and the outcomes passed based on the healthy standard of hormone therapy. The result of this study is the structural process, starting from psychotherapy, hormone therapy, surgical treatment, and the outcomes from those processes. (Wylie, 2012)

2.1.6 Gender Dysphoria: Bioethical Aspects of Medical Treatment

The study that entitled *Gender Dysphoria: Bioethical Aspects of Medical Treatment* was written by Bizic, Jeftovic, Pusica, Stojanovic, Dulsin, Vujovic, Rakic, Djordjevic in 2018. This study is focused on the process of gender dysphoria becomes transgender since the first day they decide to have therapy and surgery. This study also shown the process of people who are suffering gender dysphoria becomes transgender not only get the result as transgender at the end because they could not have adaptation in society and their psychology unbalance. However, either cisgender or heterosexual and transgender have the same level of fertility. The fertility that comes from the hormone surgery that they had to transition.

In conclusion, these six previous studies become the tools and the supporting system for the writer to conduct the research. The first previous studies gives the understanding of the term transgender and transsexual orientation. This article terms of transsexual is more about when the person that change their gender and their desire to make a relationship based on their gender after the surgery to make themselves satisfied with their own and new gender to continue their journey to the new chapter.

From that, this study helps the writer to understand the meaning of Transsexual and transsexual problem in society. Since this research will focus on the causes of transgender and transsexual cases in *Normal* Movie, the second previous study gives the understanding of gender misconception from society towards gender dysphoria, and as the portrayal of this miss understanding there is a case of gender discrimination that happens to the main character who suffered gender dysphoria as seen in *Tomboy* Movie by Celine Sciamma, this article is useful to help the writer conduct this research, as the example of gender discrimination towards gender dysphoria from the other literary work. The third previous study gives the understanding about the process of transition, which are the characteristic and the causes of gender dysphoria and the right treatment that needed to help them. The fourth pervious study gives the understanding the condition of being non-binary in the society especially in workplace, the number of transgender and non-binary employee that get less promotion in companies.

So that, this study so helpful especially to know the condition and the existence of transgender in the workplaces. The fifth previous study gives the understanding of the treatment that gender dysphoria needs to become transgender and how does it work in their body. While the last previous study gives the understanding about the condition of people who have transition and the result at the end, the process of gender dysphoria becomes transgender, since the first day they decide to have therapy after that surgery and the last is coming out, the concept of their bioethical inside their body and the impact of that in their psychologist and their sexual desire. From the previous studies above, the writer could use those previous studies as a benchmark to conduct research about gender trouble which is gender dysphoria.

2.2 Theory of Gender

According to Butler in his book (1990), gender is an identity that covers our behavior in life. Gender here is as a norm of person to do something, in this case, there are two types of gender such as cisgender, which is related to the condition of someone's gender and their birth sex are matched with their birth sex and also transgender, which is the condition when someone's desire is not matched with their own birth sex. Based on this book, men who are men will be straight, women who are women will be straight, and it would be a mistaken paradigm if there are men addressed as women and women addressed as men. Then people can assume that issue as a "reality" of gender: the gender that introduced by the perspective of society. From that paradigm, Butler assumed the perspective of society can acceptable to judge queer people, no binary, and also transgender. From heterosexuality, he explained if woman is always a victim of feminism and gender distinctive. Gender dysphoria is a desire to be another gender for those who felt their gender are not match with their sexual orientation and people who suffering in gender dysphoria are those who include as part of queer people. Queer is the place for those who become minorities and not part of heterosexual. There are several terms on gender besides feminine and also masculine that describes women and men, such as:

- a. Gender fluid: the person who does not identify themselves with having a fixed gender.
- b. Third-gender: the condition when someone has additional stigma gender in society, this depends on society's stigma. When someone felt that they are part of a male, but people saw them as a female.
- c. Amalga gender: the person having intersex beside part of their gender or people who Amalga gender is part of bisexual.
- d. Demi gender: the condition when birth gender does not match with reality
- e. Bi-gender: the condition when someone has two identities of their gender

- f. Pangender: the person that considers themselves as part of all genders.
- g. A-gender: the condition when people are not part of a female or male.
- h. Transgender: the condition when someone's orientation is not matched with their own birth gender and they become the opposite.
- i. Cisgender: the condition when someone's orientation is matched with their own birth gender.

Those terms above can be identified as proof if gender has much sense and not only stuck in female and male (Butler, 1990).

2.3 Gender Dysphoria

According to *Sexual Hygiene and Pathology*, stated by Oliven (1965), gender dysphoria or gender incongruence is the condition when someone feels distressed because their gender does not match their desire and feelings. For example, a person who was born a boy but when they grow they identify themselves as a girl, usually this happens with all people that called as queer people. There are three internal causes that support this phenomenon, which are: (1) Chronic distress, (2) Gender nonconformity, (3) Incongruence between the perception of gender and body ownership.

2.3.1 Chronic Distress

In our mind, we have several components that handle our desire and another complicated thing. Chronic distress is the condition of distress processing one of anatomic inside our neural structure inside our thought. The impact is the lack of our ability to recognize the signal from outside and automatically rejected it by our thought. Chronic distress is caused by external activities that could be from family, working place, society, and culture. Those things push someone's thought and ability. It will be one of a kind of chronic distress; however, that chronic distress does not make gender dysphoria a part of mental health disorder since gender dysphoria is categorized as part of DSM-5. However, DSM-5 is not a kind of mental disorder that has been published on American Psychiatric Association. Since they are not dangerous for people and surrounding, their condition is mindful, and they can control themselves without hurting someone around them. From that, gender dysphoria is not included as a kind of mental health disorder, different from the other kind of mental disorder that is identified as DSM-4, for example Autism, since sometimes they lose their control and could hurt people suddenly.

2.3.2 Gender Nonconformity

Besides supported by the genetic system, this condition is shaped by the behavior and by people surrounding, which are parental, social reaction, and aggressive behavior. This condition happened to children, teenagers, and adults with gender dysphoria, and they feel they are trapped in the wrong sex. They feel discomfort to several physical characteristics inside their body, for example, their body hair or their breast. The other discomfort conditions are the external rules that must be followed by the person who is suffering gender dysphoria, the rules they need to be a part of based on their sex, that's become the gender nonconformity since they will pretend to be others and that becomes the opposite condition from their desire. From that, they will get anxiety or other mental disorders because of the rules and the stigma in society that create the standard of appearance that should be followed by the stick rules. Even, in fact, they have clashed with their condition inside their deepest heart.

2.3.3 Incongruence Between the Perception of Gender and Body Ownership.

This condition that supported by our unconsciousness, caused by unbalancing hormone chromosome inside the body, the standard of genetical hormone for male baby is XY and for female baby is XX, chromosome X is for men and Y for women, and when they got lack one of a chromosome, they will get gender dysfunction syndrome. This syndrome pushes the condition of someone felt incongruence between their gender and also their desire (Gliske, 2019).

From those backgrounds, there are several characterizations of gender dysphoria that are described by physical and behavioral in society.

1. Cross-dressing than birth gender
2. Choosing the activities from the other gender
3. Reject all the things related to birth gender.

2.4 Semiotic Theory

Semiotic can be implemented in the picture and also film since film is not purely a language. In the movie, there are two additional sides, which are audio and visual. Both can be reached by our ears and eyes. This depends on our optic illusion towards catching the visual information from what we see and audio sense from what we heard. This approach is agreed by six founders who are Saussure, Peirce, Barthes, Jacobsen, Morris, and Eco. Based on the history, the semiotic theory was introduced by the German philosopher in the 18th century, and in the 20th century, this theory gets attention from society and continued to become the topic for research. In definition, semiotic stand for representative of visual images in real life, the objects are a sign, symbol, and image. It reflects to the definition, the purpose of this theory is to ensure the intended meanings and ensure there are no ambiguities inside a literary work in literature fields. Those things can have an implicit meaning and ideas, and that is why semiotic always reflect to communication and the visualization inside the literary work becomes the tool for the concept of semiotics. For example, 'black': it could refer to only the black color, or it refers to the condolence situation. So the 'black' here can be interpreted differently. In the semiotic approach, it has the concepts, which are the naturalism and also the realism. So this theory aims to the accurate information based on the real condition that happened with the object (Sendera, 2014).

In semiotic, there are five semiotic systems to analyze the movie, such as:

1. Linguistic, the words that are used to deliver the message inside the sign and how the structure of words delivered the implicit meaning inside the sign.

2. Visual, this system is supported by the color to reach the mood and emotions of the audience. The color can build the perspective of the audience to get focus on the main purpose inside the sign
3. Audio, this system can be from the voice of humans or from the music and sound effect. This element is the representative for delivering the linguistic system, so they have a correlation to each other.
4. Gesture, this system shows by the behavioral and the body control inside the object, so from the behavior and the body control can up the mood of audiences
5. Spatial or space, this system is related to the construction of geographical around the object. This system becomes a place for components' interaction inside the object.

The semiotic approach can be applied to analyze kinds of signs or everything that is related to the visual image. So that, it can be used to analyze the movie. Since the movie is part of audio-visual literary work (Pearson, 2014).

2.5 Film Representation

According to Hall (1997), representation is to represent something and to describe the meaning of something. Something that can represent can be part of an image, picture, sign, audio, and sentence. This theory is to communicate about your imagination through the language, and how you share the meaning of things through words. The concept of this theory is describing the moment that catch by our senses. It is important to recognize the common sense of things before explaining the thought related to the signs, sounds, images in the form of language and words.

Since this theory is to explain what is coming from the mind, then the concept of 5w+1h, which are *what, where, who, why, when, and how*, need to be used. It is related to the visual of our sight and the sense of what we heard. An example of common sense is traffic light. The colors of the

traffic light are red, yellow, and green. Do we need to have questioned *what is the function of those colors?* , *Why traffic light consists of three colors?* Or the other kind of questions to describe about the one simple traffic light through the words. This theory is a simple thing, but a lot of information can be reached through the concept of 5w+1h inside this theory. (Hall, 1997)