ABSTRACT

Post-Traumatic Stress Disorder as Reflected Through Chris Kyle in Kyle’s

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Psychoanalysis in literature is discussing more about the characters and human being who are created by the authors in their works (novel, poetry or drama). In that case, the writer considers that the psychological aspect can be related to the literature since it is concerning with human beings, their perception, fears, desires. The aim of this thesis are to find out the cause of PTSD of the main character in the *American Sniper* novel and to describe the symptoms of PTSD as seen from the main character in Chris’ novel *American Sniper*. In doing the analysis, the writer applied descriptive qualitative method and proposed Herman’s theory (1992) in analyzing the causes and symptoms of PTSD dealt by the main character in the novel, Chris Kyle. As the result, the writer found the main factor of PTSD of Chris, that is because of war. In the war situation, there are many events that make Chris trauma such as heard many gun shots and explosions, watching his comrades die and he even lack of sleep during his time in the battle field. Further, when that trauma happened in a long-term condition, Chris began to suffer from the symptoms of PTSD, that is hyperarousal and intrusion.

Keywords: post-traumatic stress disorder, psychological approach, trauma