

## CHAPTER ONE

### INTRODUCTION

#### 1.1 Background of Study

Literature is one of the creations of human being. It is an art and can not be separated from human life. Literature is also an expression of thoughts and feelings through language as the medium. The writer of literature has been processing the objective fact by using imagination, so that it established mental imaginative fact (Maghfiroh,2017). Literature is a unique creation in which it can be multi interpreted. The study is consisting of diverse aspects. One of those studies is psychological study. Psychology in literature usually concern with the characters, authors, readers as the object of analysis in order to find psychological problems described by characterization to find and understand the psychological aspects contained in the literary work. Therefore, the presence of character in literary work helps the writer analyzing the psychological issue that might occur to several people which represented by the character inside of literary works.

Based on Kelly Smith and Emma Saunders in BBC (2013) “*Silver Lining Playbook*” created through long process and procedure from the author, the novel which mostly discussed about mental illness is another depiction how importance to be aware with the surrounding has attracted the viewer’s attention. Quick’s novel has been adapted into movie with the same title, because the great plot and with theme mental illness issue. The book itself told about quick’s journey who have mental illness problem, which all the tears and laugh was actually there. He needs to raise his son although he need to endure his mental illness, which

somehow unpredictable symptoms occur. Although the movie somehow depicted with more joy as a purpose to entertain the audience, in novel there is more senses of seriousness which he put the character of Pat and Tiffany in his novel, patient with mental illness which has the same reason suffering mental health problem.

*Silver Lining Playbook* is one of the novels that deals with the elements of psychological problems, which the researcher identify the character namely Tiffany suffers Borderline personality disorder (BPD). At first Tiffany was depicted as a girl who is cheerful and lovable, she enjoy to do activities such as dancing and singing. This statement in line with the theory of extraversion from Bollen & Mallia (2014) who characterized extroversion is positively predicted by self-rated physical attractiveness and physical strength among adolescent boys and adolescent girls. The story in novel concern with the relationship between Tiffany and Pat as main character which need to experience of losing someone. Pat and Tiffany have same background of reason suffering personality disorder. The book told us that Tiffany's character need to undergo several treatment in healing her mental health problem. There are at least four aspects which makes this novel is interesting to be discussed, firstly is about the way the author narrate the story by using simple sentence but it consists of clarity and picturization of condition that he tried to deliver by using first point of view from the main characters. Second, the concept is about family role as the biggest support system in curing people with mental illness. Moreover, the book which concern with the relationship of the character who committed to relationship, although they are mentally unstable becomes the additional selling point for this book. Lastly, as

stated in news platform this book is about the metaphor of the author journey which needs to deal with his mental illness yet at the same time expected to undergo his life normally, which it leads the producer named Russel, to work for making the movie with the same title of this novel, and this also his very first work of book adaptation, and he invited Jennifer Lawrence, box office movie actresses to act as Tiffany's character, indicates about another interesting part of this book.

The issue of mental health has raised and it showed the severe condition of people suffering mental illness. Recently journal of psychiatry discussed the issue of Borderline Personality Disorder, which stated people with borderline personality disorder enduring pattern and experience that differs greatly from other human beings. The issue of mental health is also becomes the part of discussion in literature, specifically in psychology of literature where the focus is on analyzing the issue of mental health problem in relation of fictional characters contain in literary works. Research done by Monti and Agostino (2014) stated that people with borderline personality disorder tend to have unstable relation and self-image, which this characteristic portrayed by the character of Tiffany, who madly love her significance others, driven her to have thought that her husband is a world for her. The pattern of people suffering borderline personality disorder is rigid and is portrayed across a variety of situations leading to distress or problems in important areas in life, such as at work or in relationships.

Borderline Personality Disorder, according to the study done by Bower (1994) he found that his subjects specifically suffered a permanent personality change. This

alteration involved the explosivity in the characteristic of the borderline. Bower's findings support earlier observations of a persisting personality change following massive and there is prolonged trauma. Based on the statement, the writer assumes, it happens to Tiffany character, she shows these behaviors, when Tiffany first at first in a story pictured as someone with extroversion type of personality but turns out into introvert, however in some parts of story the inconsistency of picturization in Tiffany's character does exist, the role of Tiffany in helping another character named Pat to reconcile with his past. Therefore, this type of behavior is another indication that Tiffany suffer Boderline Personality Disorder.

As the explanation above, the writer is interested in analyzing the personality of Tiffany herself especially in her personality disorder and also the behavior. Although there are some characters in this novel, the writer only focuses on Tiffany's character, because Tiffany's character herself has personality disorders in her personality that makes she different from common people. Furthermore, the focus of this research paper is to describe borderline personality disorder in Tiffany's character. Therefore, this research use borderline personality disorder theory in order to describes the character which the writer assumes, it suffer borderline personality disorder . Surely, it requires deep understanding of the theory.

This research attempts to discuss about the issue of mental health specifically about borderline personality disorder containing in literary works in this respect in the novel in *The Silverlining Playbook*, so it would make the other researcher

easier if they want to conduct the research about psychological issue in relation to characters in literary works.

However, it is not a simple matter in identifying someone has borderline personality disorder by only knowing the definition. In order to know Tiffany character is actually has a borderline personality disorder, it needs comprehensive study, because the definition only describe some general indicators.

## **1.2 Research Question**

According to the background that the researcher write, the writer formulates the research question of the problem into :

1. How is Borderline Personality Disorder described through Tiffany character in Quick's *Silver Lining Playbook*?
2. What are the influential factors causing Borderline Personality as described through the character of Tiffany in Quick's novel?

## **1.3 Research Objectives**

The purpose of this research is to reveal the Borderline personality disorder as described through the character of Tiffany in Quick's novel, by seeing the symptoms and its cause.

## **1.4 Uses of the Study**

It is essential for every researcher to ensure the work will be useful for the society. In this regard, the research should give significant contribution for the readers. Therefore, it is formulated the main purpose of this research is not only give the

readers' insight and also knowledge but also give information that can be implemented by the society. Therefore, this research will cope two uses of the study which are theoretical uses and practical uses.

#### **1.4.1 Theoretical Uses**

Theoretically, this research can give more input and contribution to the development of literary study. In addition, the research can give advantage for people who are interested to conduct a research. Surely, the reader will need many references about theories used in a research. In this respect, the reader will get comprehensive understanding toward the theory used by the writer in case they want to applied similar theory. Thus the writer hopes that all of the theoretical information in the research able to improve the comprehension of the reader toward the discussion.

#### **1.4.2 Practical Uses**

The writer hopes this research will increase readers' knowledge about mental illness specifically for Borderline Personality Disorder, which the phenomenon and issue occurs in our surrounding, the writer expects society will able to understand how to react with people who suffer mental illness, particularly borderline personality disorder through the literary works by acknowledging the symptoms and traits of borderline personality disorder. In this respect, the writer will reveal the issue itself through analyzing the behaviors of the character of the novel.

### **1.5 Scope of the Study**

In order to limit the discussion, the writer focuses in giving explanation of borderline personality disorder in Tiffany character of *Silver Lining Playbook* novel by Matthe Quick based on many prominent sources particularly Amanda Plain (2013) and Meares, Stevenson, Gordon (1997), as the fundamental theory for this research. The writer chooses Tiffany character as the object of analysis to describes borderline personality disorder within the character because she shows the pattern of people suffering borderline personality disorder.