

CHAPTER ONE

INTRODUCTION

1.1 Background of Study

Literature and psychology study about human beings which related to each other, but both of them have a different object of concern. Psychology is a science that has a connection with the real world while literature is a science that has a relationship with feelings, imagination or human fantasies, and perceptions that can be seen by personal judgment (Jatman,1985:57). Wellek and Waren (1989:21) statements that literature is a work of art created for the creativity of the author. Literary works are divided into two categories such as fiction and non-fiction. Fiction means that the literary work is made on the imaginative basis of an author meanwhile non-fiction is a literary work based on personal experiences or real situation that can be seen from the phenomena of life that occur in society (Ratna, 2013:62).

Literary works are not made only on the basis of the imaginative factor of an author but are made based on the personal experience factors experienced by authors that occur around them, such as the psychological symptoms indicated by humans, because the problems contained in a literary work is not only about social or romance, but also concerning in psychological problems. Literature is a tool of expressing the ideas and imaginations of the author which is outlined by displaying figures such as humans that occur in real life that contain with psychological aspects. Psychological knowledge is the scientists used to examine

the psychological aspects contained in literary works, because literary works provide an indirect understanding of the reader, for example the reader can understand changes, contradictions, deviations, and psychological aspects that have connection with the characters in the literary work (Ratna, 2013:342). Therefore, literary work is the result of psychology's expressions both thought and feeling of the author which is elaborated in the form of writing and it is as depicted in Terri Cheney in her memoir. In the story, one of the psychological issues that Terri Cheney experienced is a manic-depressive disorder.

Manic-depressive disorder is a term about mood disorders caused by mania syndrome and full or partial depression, which is not caused by other physical or mental disorders. This manic-depressive disorder is a type of affective disorder that has a major influence on emotional responses. Mood refers to prolonged emotions that color the entire psychic life. The manic and depressive syndromes each consist of characteristic symptoms that tend to occur alternately in rapid intervals and last for two weeks or more. This disorder is caused due to the absence of a balance of abnormalities in the body's metabolism (Carson, Butcher, and Mineka, 2000: 220).

Based on the article from electronic media reported by *National Public Radio* entitled the *Lawyer Chronicles Struggle with Bipolar Disorder*, February 4th, 2008) which contain about an interview between Terri Cheney and a presenter, Cheney has suffered manic-depressive disorder. Early on, she realizes that she is weird when she is sixteen years old and at the time she has a bad depression like she could not get out of bed for three weeks and could not move. This is often experienced by her when her emotionally unstable.

In this research, the writer chooses an autobiography from Terri Cheney entitled “*Manic: A Memoir*”, published in New York in 2008, consisting of 256 pages. In the story, Terri Cheney tells about her experience as a lawyer who suffered from manic-depressive disorder. She describes her journey of life beginning with a suicide attempt, undergoing psychiatric hospital treatment, prison time last night, sexual assault, loss of work, dating her boyfriend and failing in electric shock therapy. Mood moves the character up and down like a roller coaster in an extreme life. Furthermore, Terry Cheney became one of *UCLA's Members of the UCLA's Council on Community Participation* in the *UCLA Environmental Disturbance Research Program*, built various communities from the *UCLA Neuropsychiatric Institute* and devoted her talents to the cause of mental illness (on her website terricheney.com/biography).

In this research, the writer would like to describes Cheney’s manic-depressive disorder especially types and characteristics through her autobiography approach. This research is important because another researcher on Cheney’s work has never been discussed about the descriptions of manic-depressive disorder that can be seen in Terri Cheney through her characteristics in her memoir (*Story Circle Book Reviews Reviewing Books By, For, and about Women*). This research can function as a reference for other researchers who wants to obtain concisely some information of character’s personality disorder, and manic-depressive disorder is the psychological issues that happened in the story. It can be seen from character’s behavior because manic-depressive itself affect her thoughts, feelings, actions, and her relationship with other people. Therefore, people are able to recognize the episodes of a person who has the disorder during manic-depressive.

In this research, the writer uses psychological approach and this approach is used because this research related with a psychological issue that is a manic-depressive disorder, then the psychological approach is an appropriate approach to this research because of the psychological approach related to human behavior. The writer wants to analyze about Terri Cheney's characteristics in her memoir "*Manic: A Memoir*" an autobiography. Therefore, the writer applies the psychological approach by doing analyzing Terri Cheney's character. Based on the above explanation, the writer wants to describe the descriptions of psychological issue related to manic-depressive disorder suffered by Terri Cheney in her memoir.

1.2 Research Questions

There are two research questions that the writer formulatr based on the previous explanations:

1. How is manic-depressive disorder of Terri Cheney described in Her Memoir?
2. What is type of manic-depressive disorder suffered by Terri Cheney in Her Memoir?

1.3 Research Objectives

The objectives in this research are in accordance with the formulation of the problems that have been described previously:

1. To reveal the type of manic-depressive disorder suffered by Terri Cheney as described in her memoir.

2. To elucidate manic-depressive disorder type suffered by Terri Cheney as described in her memoir.

1.4 Uses of Study

1.4.1 Theoretical Use

The writer hopes this research gives the contribution to the development of literary research, especially in using the theory of literary psychoanalysis. This research gives more knowledge about the character's personality disorder related to a manic-depressive disorder to readers who want to conduct an analysis of a literary work related to the same topic.

1.4.2 Practical Use

Practically, this research becomes one of the references for people who are interested to understand psychiatric problems in the novel through intrinsic and extrinsic elements and people will take the values contained in the literary work.

1.5 Scope of Study

In this research, the writer analyzes manic-depressive disorder that exists in the story. The writer focuses on the descriptions of manic-depressive disorder types that can be seen in Cheney's character and characteristics in her memoir and to describe of manic-depressive disorder suffered by Terri Cheney as depicted in her memoir *Manic: A Memoir* an autobiography.